

# PRO CLUBLINE SERIES II

Comprised of 17 single and dual function stations, Body-Solid's Pro ClubLine Series II offers a complete circuit, providing facilities with strength stations specifically targeting muscle groups throughout the entire body. Each Pro ClubLine Series II station is designed to be biomechanically correct with multiple adjustments providing quality movements for users of all shapes and sizes.



## S2CC CABLE COLUMN

- 36 starting positions
- Includes: nylon cable handle, ankle strap and straight bar
- Standard weight stack 160 lbs. with optional 210 lb. or 310 lb. available
- 53"L x 58"W x 99"H , 468 lbs.



## S2FT FUNCTIONAL TRAINER

- 34 starting positions
- Includes 43" revolving straight bar, 20" straight bar, ankle strap, 2 nylon cable handles, and 14" athletic bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 54"L x 79"W x 99"H, 829 lbs.



## S2CCO

### CABLE CROSSOVER

- 36 starting positions
- Includes: 2 nylon cable handles, ankle strap and revolving straight bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 191"L x 58"W x 99"H, 963 lbs.



## S2LAT

### LAT PULLDOWN & SEATED ROW

- Independent lat pull-down movements for symmetrical strength development
- Traditional lat bar included
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 88"L x 34"W x 87"H, 405 lbs.



## S2BTP

### BICEPS & TRICEPS

- Includes Tricep Rope and revolving straight bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 52"L x 43"W x 84"H, 400 lbs.



## S2LEC LEG EXTENSION & LEG CURL

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 54"L x 52" W x 57"H, 467 lbs.



## S2LEX LEG EXTENSION

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 47"L x 52"W x 57"H, 409 lbs.



## S2SLC SEATED LEG CURL

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 57"L x 52"W x 57"H, 424 lbs.



## S2LPC LEG & CALF PRESS

- Double beam design with Pillow Block bearings on pivot points for precision alignment and friction free movement
- Standard weight stack 210 lbs. (2:1 ratio) with optional 310 lbs available
- 83"L x 47"W x 69"H, 481 lbs.



## S210T INNER & OUTER THIGH

- Seven position cam adjustments to accommodate varying body sizes
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 77"L x 37"W x 57" H, 385 lbs.



## S2ACD ASSISTED CHIN & DIP

- Five different grips for variety of pull-up and chin-up movements
- 235 lb. weight stack
- 63"L x 44"W x 88"H, 606 lbs.



## S2MP MULTI-PRESS

- Features flat press, incline press, and shoulder press positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 72"L x 54"W x 57"H, 463 lbs.



## S2SP SHOULDER PRESS

- Multi-position hand grips for ultimate wrist comfort
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 55"W x 57"H, 400 lbs.



## S2CP CHEST PRESS

- Comfortable multi-position hand grips isolate chest and triceps muscles
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 44"L x 55 "W x 69"H, 450 lbs.



## **S2ABB** **AB & BACK**

- Six position cam for full range of-motion
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 59"L x 49"W x 57"H, 351 lbs.



## **S2AC** **ARM CURL**

- Multi-grip revolving handle bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 41"L x 51"W x 57"H, 380 lbs.



## **S2PEC** **PEC FLY & REAR DELT**

- Five adjustable starting positions for each arm and seat
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 58"L x 59"W x 72"H, 422 lbs.

# PRO CLUBLINE PRO•DUAL

Developed specifically to address the needs of facilities with limited space options such as hotels, fire stations, office buildings and residential complexes. Ideal for smaller workout environments, the Pro•Dual line includes 10 function-specific dual machines that can stand alone or be combined in a three-stack or four-stack multi-function gym. The modular flexibility of our Pro•Dual line allows facilities to create a customized series of workout stations, even in small spaces.



## DABB-SF AB & BACK

- Adjustable seat and leg hold downs
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 48"L x 48"W x 62"H, 476 lbs.



## DBTC-SF BICEPS & TRICEPS

- 14 combined adjustments between the bicep and triceps exercises
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 53"L x 40"W x 62"H, 503 lbs.



## DCLP-SF LEG & CALF PRESS

- Operates on a 2:1 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 37"L x 82"W x 77"H, 549 lbs.

\* Floor Mat not included



### **DIOT-SF** **INNER & OUTER THIGH**

- Pop-pin leg adjustments provide users a greater range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 36"W x 62"H, 475 lbs.



### **DLAT-SF** **LAT PULLDOWN** **& MID ROW**

- No-cable-change design allows user to switch between exercises quickly
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 77"L x 47"W x 83"H, 529 lbs.



### **DLEC-SF** **LEG EXTENSION & CURL**

- Seven adjustments for both leg curls and extensions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 46"L x 66"W x 62"H, 506 lbs.



### **DPCC-SF** **CABLE COLUMN**

- 18 pulley adjustments
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 43"L x 34"W x 83"H, 443 lbs.

\* Floor Mat not included





## **DPEC-SF** **PEC & REAR DELT**

- Independent arms with 5 adjustable starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 38"W x 69"H, 502 lbs.



## **DPLS-SF** **VERTICAL PRESS & LAT**

- Adjustable press arm for full range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 67"L x 47"W x 83"H, 543 lbs.



## **DPRS-SF** **MULTI-PRESS**

- Five press arm starting positions from flat press to shoulder press
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 56"L x 85"W x 62"H, 558 lbs.



## **HP10** **PREMIUM WEIGHT PLATES**

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

\* Floor Mat not included

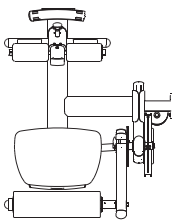


- AVAILABLE UPGRADES:
- HP200: 200 lb. red weight stack
- WSP200: 200 lb. premium black weight stack
- SP300: 300 lb. weight stack

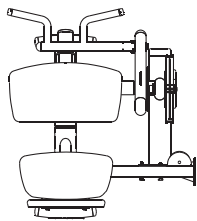
This particular Pro Dual DGYM is shown with:

**DGYM**                    **BASE STATION**  
**DPLS-S**                **VERTICAL PRESS / LAT**  
**DPCC-S**                **CABLE COLUMN**  
**DLEC-S**                **LEG EXTENSION / LEG CURL**  
**DPEC-S**                **PEC DEC / REAR DELT**

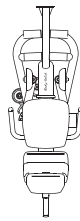
**Pro Dual Machines can also be added in combination with the DGYM. Mix and match any 3 or 4 stations to customize your Pro•Dual DGYM.**



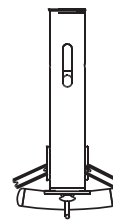
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AB / BACK



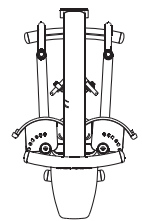
**DBTC-S**  
BICEPS / TRICEPS



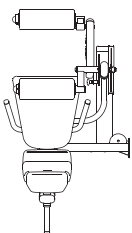
**DIOT-S**  
INNER / OUTER THIGH



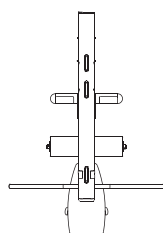
**DPCC-S**  
CABLE COLUMN



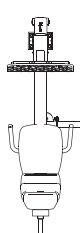
**DPEC-S**  
PEC / REAR DELT



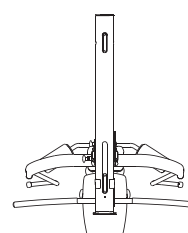
**DLEC-S**  
LEG EXTENSION / CURL



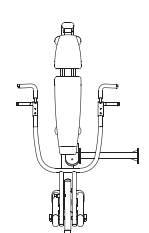
**DLAT-S**  
LAT / LOW ROW



**DCLP-S**  
LEG / CALF PRESS



**DPLS-S**  
VERTICAL PRESS / LAT



**DPRS-S**  
MULTI-PRESS

# PRO CLUBLINE CLASSIC

The Body-Solid Pro ClubLine Classic product line is built to address the specific needs of facilities that require durable machines at affordable prices. Straight-forward, traditional designs and easy adjustments provide a safe and familiar workout environment for users of all experience levels.



## SCC1200G CABLE CROSSOVER

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- Shown with optional lat/chin attachment (GCA2)
- 35"L x 158"W x 91"H, 671 lbs.



## SDC2000G DUAL CABLE COLUMN

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- 44"L x 46"W x 82.5"H, 674 lbs.



## SLM300G LAT MID ROW

- Includes revolving steel 48" lat bar and steel triangle row bar
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 64"L x 46"W x 83"H, 444 lbs.



## SLC400G LEG CURL

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 39"L x 66"W x 62"H, 438 lbs.



## SLE200G LEG EXTENSION

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 48"W x 72"H, 436 lbs.



## SLP500G LEG PRESS

- Four pivot linkage bars self align leg press plate through entire range of motion
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 80"W x 72"H, 555 lbs.



## HP10 PREMIUM WEIGHT PLATES

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

# PRO CLUBLINE LEVERAGE

Body-Solid's Pro ClubLine Leverage series is built for users that want the feeling of freeweight workouts in a safe, controlled environment. Designed to mimic popular weight lifting movements, Body-Solid's Pro ClubLine Leverage equipment is ideal for group training facilities, athletic training facilities and more.



## LVLA

### LEVERAGE LAT PULLDOWN

- 360° articulating hand grips for free-floating downward pulling motion
- 76"L x 49"W x 84"H, 183 lbs.



## LVLC

### LEVERAGE LEG CURL

- V-bench design provides total hamstring isolation
- 74"L x 46"W x 26"H, 165 lbs



## LVLE

### LEVERAGE LEG EXTENSION

- Adjustable foot roller to accommodate various leg lengths and start positions
- 68"L x 47"W x 40"H, 157 lbs.

**LVSR****LEVERAGE SEATED ROW**

- 360° articulating hand grips provide definition and natural range of motion
- 65"L x 35"W x 44"H, 158 lbs.

**LVSP****LEVERAGE SHOULDER PRESS**

- Independent, unilateral arm action for balanced upper body development
- 49"L x 53"W x 52"H, 171 lbs.

**LVBP****LEVERAGE BENCH PRESS**

- Converging press arm movement provides advanced biomechanics
- 69"L x 53"W x 30"H, 169 lbs.



### **LVIP** **LEVERAGE INCLINE BENCH**

- Independent, unilateral arm action for balanced muscle and upper body development
- 71"L x 53"W x 41"H, 167 lbs.



### **SLS500** **LEVERAGE SQUAT**

- Biomechanically-correct squat platform targets glutes and quads
- 74"L x 61"W x 67"H, 397 lbs.

*\* Weights not included*



### **SGLP500** **COMMERCIAL LEG PRESS**

- Linear Bearings for Smooth Fluid Movements at Heavy Weights
- 1500 lb. Weight Capacity
- Oversized Foot Plate
- 89"L x 68"W x 54"H, 556 lbs.

# PRO CLUBLINE RACKS & CAGES

Body-Solid Pro ClubLine Racks & Cages are built for facilities with strong freeweight training clientele. Body-Solid Pro ClubLine Racks, Cages and Benches are built tough using the finest materials to assure years of maintenance-free usage from powerlifters and iron warriors.



## SCB1000B COUNTER-BALANCED SMITH MACHINE

- 10 lb. counterbalanced bar
- Integrated plate storage
- 50"L x 86"W x 84"H, 543 lbs.



## SDIB370 BENCH RACK COMBO

- 14 position ¼" solid steel gunracks
- Integrated plate storage
- 78"L x 65"W x 74"H, 215 lbs.

\* *Weights not included*





### **SODB250** **DECLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Adjustable leg hold positions
- Backpad Width: 11.5"
- 58"L x 50"W x 55"H, 148 lbs.



### **SOFB250** **FLAT BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Spotter Stand included
- Backpad Width: 11.5"
- 72"L x 50"W x 57"H, 152 lbs.



### **SOIB250** **INCLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Backpad Width: 11.5"
- 74"L x 50"W x 63"H, 174 lbs.



### **SOSB250** **SHOULDER PRESS BENCH**

- Spotter Stand included
- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- 50"L x 50"W x 72"H, 271 lbs.



## SPR1000 POWER RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SS
- 81"L x 53"W x 90"H, 350 lbs.



## SPR1000BACK EXTENDED POWER RACK

- Rear Extension includes 6 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.



## SPR1000DBBACK DOUBLE EXTENDED POWER RACK

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connector
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.

## SPR1000 OPTIONAL ATTACHMENTS

View the next 3 pages for all 29 SPR1000 Attachments



# SPR1000

# SPR1000 OPTIONAL ATTACHMENTS *(page 1 of 3)*



**1.**  
**GPRDH**  
Dip Handles



**6.**  
**SPRBSA**  
Belt Squat  
Attachment



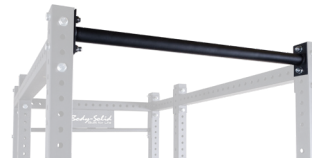
**2.**  
**GPRTBR**  
T-Bar Row



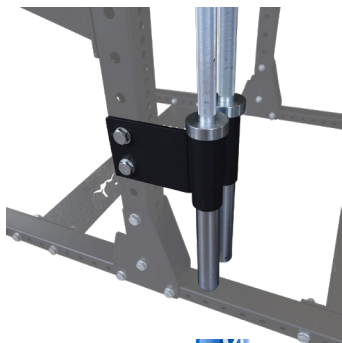
**7.**  
**SPRBT**  
Ball Target



**3.**  
**SPRACB**  
Connector Bar



**8.**  
**SPRCB**  
Fat-Grip  
Chin Bar



**4.**  
**SPRBHV**  
Dual Vertical  
Bar Holder



**9.**  
**SPRCUA**  
Multi-Grip  
Chin Bar



**5.**  
**SPRBP**  
Band Pegs



**10.**  
**SPRDCB**  
Dual Chin Bar

# SPR1000 OPTIONAL ATTACHMENTS *(page 2 of 3)*



11.

**SPRDIP**  
Dip Handles



16.

**SPRLFT**  
Monolift

12.

**SPRHBH**  
Heavy Bag Hangar



17.

**SPRMB**  
Connecting Money Bars

13.

**SPRHT**  
Hip Thrust



18.

**SPRMGC**  
Multi-Grip Pull Up

14.

**SPRJAM**  
Jammer Arms



19.

**SPRBACK**  
Rear Extension

15.

**SPRJC**  
J-Cups



20.

**SPRSA**  
Spotter Arms



# SPR1000 OPTIONAL ATTACHMENTS *(page 3 of 3)*



**21.**  
**SPRSF**  
Safeties



**26.**  
**SPRTB**  
Dual T-Bar Row



**22.**  
**SPRSP**  
Spotter Platforms



**26.**  
**SPRUL**  
U-Link



**23.**  
**SPRSS**  
Safety Straps



**27.**  
**SPRWPH**  
Weight Plate Horn



**24.**  
**SPRST**  
Storage Tray



**28.**  
**SPR-REB**  
Ball Rebounder  
Attachment



**25.**  
**SPRSTEP**  
Plyo Step  
Attachment



**29.**  
**SPR-SBH**  
Stability Ball  
Holder



## SPR500 HALF RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 53" W x 89" H, 208 lbs.



## SPR500BACK EXTENDED HALF RACK

- Rear Extension includes 4 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 81" W x 89" H, 339 lbs.



## SPR500DBL DOUBLE HALF RACK

- Two functional Half Rack in the space of a single Power Rack
- Laser-cut numbers
- 3"x3" 11-gauge steel mainframe
- Includes four j-cup liftoffs, four safety spotter arms, two chinning bars, six weight horns
- 101"L x 85"W x 89"H, 583 lbs.



## SPR250 SQUAT STAND

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51"L x 59"W x 73"H, 141 lbs.

## SPR500 OPTIONAL ATTACHMENTS

View the next 3 pages for all 25 SPR500 Attachments



# SPR500



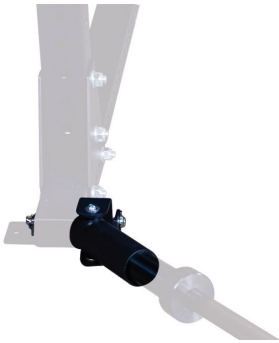
# SPR500 OPTIONAL ATTACHMENTS *(page 1 of 3)*



**1.**  
**GPRDH**  
Dip Handles



**6.**  
**SPRBP**  
Band Pegs



**2.**  
**GPRTBR**  
T-Bar Row



**7.**  
**SPRBSA**  
BELT SQUAT  
ATTACHMENT



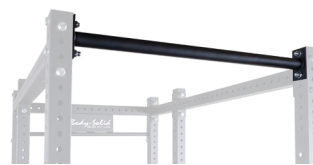
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**SPRACB**  
Connector Bar



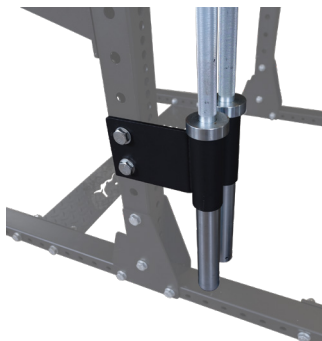
**8.**  
**SPRBT**  
BALL TARGET



**4.**  
**SPRBCB**  
Bench  
Clearance Bar



**9.**  
**SPRCB**  
FAT-GRIP  
CHIN BAR



**5.**  
**SPRBHV**  
Dual Vertical  
Bar Holder



**10.**  
**SPRDBLKIT**

# SPR500 OPTIONAL ATTACHMENTS (page 2 of 3)



**11.**  
**SPRDCB**  
Dual Chin Bar



**16.**  
**SPRJC**  
J-Cups



**12.**  
**SPRDIP**  
Dip Handles



**17.**  
**SPRLFT**  
Monolift



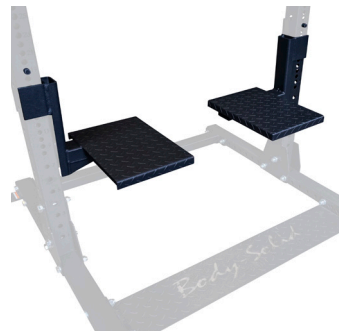
**13.**  
**SPRHALFBACK**  
Rear Extension



**18.**  
**SPRSA**  
Spotter Arms



**14.**  
**SPRHLA**  
Lat Attachment  
*(Optional weight stack, SP200)*



**19.**  
**SPRSP**  
Spotter Platform



**15.**  
**SPRHT**  
Hip Thrust

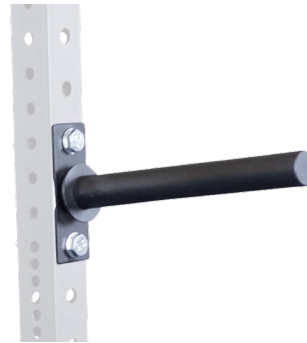


**20.**  
**SPRST**  
Storage Tray

# SPR500 OPTIONAL ATTACHMENTS (page 3 of 3)



**21.**  
**SPRSTEP**  
Plyo Step  
Attachment



**24.**  
**SPRWPH**  
Weight Plate Horn



**22.**  
**SPRTB**  
Dual T-Bar Row



**25.**  
**SPR-REB**  
Ball Rebounder  
Attachment



**22.**  
**SPRUL**  
U-Link



**26.**  
**SPR-SBH**  
Stability Ball  
Holder

## SPR500BACK OPTIONAL ATTACHMENTS

These 3 Attachments only fit the SPR500BACK

**1.** **SPRCUA**  
Monkey Bar



**2.** **SPRPS**  
Pipe+Pin Safeties



**3.** **SPRHBH**  
Heavy Bag Hanger



# PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.



## SFB125 FLAT BENCH

- Extra thick pad
- 63"L x 25"W x 17"H, 58 lbs.



## SFID325 and SFID325B ADJUSTABLE BENCH

- Adjusts from flat to several incline positions (15, 30, 45, 60 and 80°)
- 58"L x 25"W x 18"H, 75 lbs.



## SFID425 FLAT / INCLINE / DECLINE BENCH

- Adjusts from decline (-18°) to flat and several incline positions (15, 30, 45, 60 and 80°)
- 66"L x 25"W x 18"H, 90 lbs.



### **SAB500B** **AB BENCH**

- Adjustable to: 0°, 5°, 10°, 15°, 20°, 25° and 30°
- 70"L x 27"W x 49"H, 125 lbs.



### **SGH500B** **GLUTE & HAM MACHINE**

- Oversized pads for comfort
- 77"L x 33"W x 50"H, 136 lbs.



### **STBR500** **T-BAR ROW MACHINE**

- Oversized Diamond-plated footplate
- 78" L x 43" W x 18" H, 163 lbs.



### **SVKR1000B** **VERTICAL KNEE RAISE & DIP**

- Multiple close and wide grips for pull-ups and chin-ups
- 62"L x 47"W x 103"H, 373 lbs.