

Body-Solid®

Built for Life



2024 COMMERCIAL
BUYER'S GUIDE

Body-Solid®

Built for Life

It started with an idea...

Throughout the pages of this catalog you'll find the culmination of over 35 years of Body-Solid's dedication, innovation and product development.

Body-Solid products are developed and designed with multiple markets in mind, from personal training studios, police and fire departments, municipalities, schools, military bases, health clubs, and businesses. The needs of these markets are constantly changing, but through strong relationships with our customers, Body-Solid has been able to evolve and grow to meet the demands of the ever-changing fitness industry.

As a result, Body-Solid boasts the widest array of commercial products in fitness including multi-station gyms, free weight machines, treadmills, bikes, ellipticals, weight plates, kettlebells, dumbbells, flooring, accessories and more.

In keeping with our motto—Built for Life—Body-Solid builds products that are not only cutting-edge but reliable, durable and provide a tremendous value to consumers. Body-Solid backs each and every one of those products with the best warranty and customer service in the industry.

Body-Solid products are Built for Life... Your Life.

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PRO CLUBLINE SERIES II

Comprised of 17 single and dual function stations, Body-Solid's Pro ClubLine Series II offers a complete circuit, providing facilities with strength stations specifically targeting muscle groups throughout the entire body. Each Pro ClubLine Series II station is designed to be biomechanically correct with multiple adjustments providing quality movements for users of all shapes and sizes.



S2CC CABLE COLUMN

- 36 starting positions
- Includes: nylon cable handle, ankle strap and straight bar
- Standard weight stack 160 lbs. with optional 210 lb. or 310 lb. available
- 53"L x 58"W x 99"H , 468 lbs.



S2FT FUNCTIONAL TRAINER

- 34 starting positions
- Includes 43" revolving straight bar, 20" straight bar, ankle strap, 2 nylon cable handles, and 14" athletic bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 54"L x 79"W x 99"H, 829 lbs.



S2CCO

CABLE CROSSOVER

- 36 starting positions
- Includes: 2 nylon cable handles, ankle strap and revolving straight bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 191"L x 58"W x 99"H, 963 lbs.



S2LAT

LAT PULLDOWN & SEATED ROW

- Independent lat pull-down movements for symmetrical strength development
- Traditional lat bar included
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 88"L x 34"W x 87"H, 405 lbs.



S2BTP

BICEPS & TRICEPS

- Includes Tricep Rope and revolving straight bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 52"L x 43"W x 84"H, 400 lbs.



S2LEC **LEG EXTENSION** **& LEG CURL**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 54"L x 52" W x 57"H, 467 lbs.



S2LEX **LEG EXTENSION**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 47"L x 52"W x 57"H, 409 lbs.



S2SLC **SEATED LEG CURL**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 57"L x 52"W x 57"H, 424 lbs.



S2LPC **LEG & CALF PRESS**

- Double beam design with Pillow Block bearings on pivot points for precision alignment and friction free movement
- Standard weight stack 210 lbs. (2:1 ratio) with optional 310 lbs available
- 83"L x 47"W x 69"H, 481 lbs.



S21OT **INNER & OUTER THIGH**

- Seven position cam adjustments to accommodate varying body sizes
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 77"L x 37"W x 57" H, 385 lbs.



S2ACD **ASSISTED CHIN & DIP**

- Five different grips for variety of pull-up and chin-up movements
- 235 lb. weight stack
- 63"L x 44"W x 88"H, 606 lbs.



S2MP MULTI-PRESS

- Features flat press, incline press, and shoulder press positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 72"L x 54"W x 57"H, 463 lbs.



S2SP SHOULDER PRESS

- Multi-position hand grips for ultimate wrist comfort
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 55"W x 57"H, 400 lbs.



S2CP CHEST PRESS

- Comfortable multi-position hand grips isolate chest and triceps muscles
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 44"L x 55 "W x 69"H, 450 lbs.



S2ABB AB & BACK

- Six position cam for full range of-motion
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 59"L x 49"W x 57"H, 351 lbs.



S2AC ARM CURL

- Multi-grip revolving handle bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 41"L x 51"W x 57"H, 380 lbs.



S2PEC PEC FLY & REAR DELT

- Five adjustable starting positions for each arm and seat
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 58"L x 59"W x 72"H, 422 lbs.

PRO CLUBLINE PRO•DUAL

Developed specifically to address the needs of facilities with limited space options such as hotels, fire stations, office buildings and residential complexes. Ideal for smaller workout environments, the Pro•Dual line includes 10 function-specific dual machines that can stand alone or be combined in a three-stack or four-stack multi-function gym. The modular flexibility of our Pro•Dual line allows facilities to create a customized series of workout stations, even in small spaces.



DABB-SF AB & BACK

- Adjustable seat and leg hold downs
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 48"L x 48"W x 62"H, 476 lbs.



DBTC-SF BICEPS & TRICEPS

- 14 combined adjustments between the bicep and triceps exercises
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 53"L x 40"W x 62"H, 503 lbs.



DCLP-SF LEG & CALF PRESS

- Operates on a 2:1 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 37"L x 82"W x 77"H, 549 lbs.

* Floor Mat not included



DIOT-SF **INNER & OUTER THIGH**

- Pop-pin leg adjustments provide users a greater range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 36"W x 62"H, 475 lbs.



DLAT-SF **LAT PULLDOWN** **& MID ROW**

- No-cable-change design allows user to switch between exercises quickly
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 77"L x 47"W x 83"H, 529 lbs.



DLEC-SF **LEG EXTENSION & CURL**

- Seven adjustments for both leg curls and extensions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 46"L x 66"W x 62"H, 506 lbs.



DPCC-SF **CABLE COLUMN**

- 18 pulley adjustments
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 43"L x 34"W x 83"H, 443 lbs.

* Floor Mat not included



DPEC-SF **PEC & REAR DELT**

- Independent arms with 5 adjustable starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 38"W x 69"H, 502 lbs.



DPLS-SF **VERTICAL PRESS & LAT**

- Adjustable press arm for full range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 67"L x 47"W x 83"H, 543 lbs.



DPRS-SF **MULTI-PRESS**

- Five press arm starting positions from flat press to shoulder press
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 56"L x 85"W x 62"H, 558 lbs.



HP10 **PREMIUM WEIGHT PLATES**

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

* Floor Mat not included

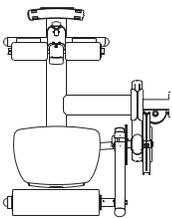


This particular Pro Dual DGYM is shown with:

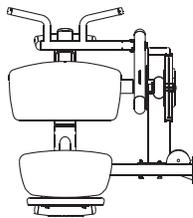
- AVAILABLE UPGRADES:
- HP200: 200 lb. red weight stack
- WSP200: 200 lb. premium black weight stack
- SP300: 300 lb. weight stack

DGYM **BASE STATION**
DPLS-S **VERTICAL PRESS / LAT**
DPCC-S **CABLE COLUMN**
DLEC-S **LEG EXTENSION / LEG CURL**
DPEC-S **PEC DEC / REAR DELT**

Pro Dual Machines can also be added in combination with the DGYM. Mix and match any 3 or 4 stations to customize your Pro•Dual DGYM.



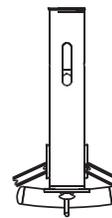
DABB-S
AB / BACK



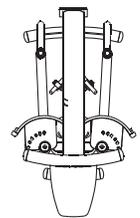
DBTC-S
BICEPS / TRICEPS



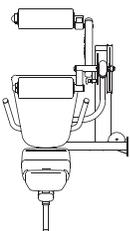
DIOT-S
INNER / OUTER THIGH



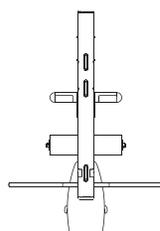
DPCC-S
CABLE COLUMN



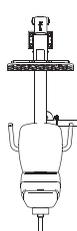
DPEC-S
PEC / REAR DELT



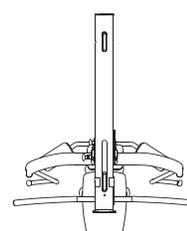
DLEC-S
LEG EXTENSION / CURL



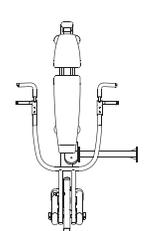
DLAT-S
LAT / LOW ROW



DCLP-S
LEG / CALF PRESS



DPLS-S
VERTICAL PRESS / LAT



DPRS-S
MULTI-PRESS

PRO CLUBLINE CLASSIC

The Body-Solid Pro ClubLine Classic product line is built to address the specific needs of facilities that require durable machines at affordable prices. Straight-forward, traditional designs and easy adjustments provide a safe and familiar workout environment for users of all experience levels.



SCC1200G CABLE CROSSOVER

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- Shown with optional lat/chin attachment (GCA2)
- 35"L x 158"W x 91"H, 671 lbs.



SDC2000G DUAL CABLE COLUMN

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- 44"L x 46"W x 82.5"H, 674 lbs.



SLM300G LAT MID ROW

- Includes revolving steel 48" lat bar and steel triangle row bar
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 64"L x 46"W x 83"H, 444 lbs.



SLC400G LEG CURL

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 39"L x 66"W x 62"H, 438 lbs.



SLE200G LEG EXTENSION

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 48"W x 72"H, 436 lbs.



SLP500G LEG PRESS

- Four pivot linkage bars self align leg press plate through entire range of motion
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 80"W x 72"H, 555 lbs.



HP10 PREMIUM WEIGHT PLATES

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

PRO CLUBLINE LEVERAGE

Body-Solid's Pro ClubLine Leverage series is built for users that want the feeling of freeweight workouts in a safe, controlled environment. Designed to mimic popular weight lifting movements, Body-Solid's Pro ClubLine Leverage equipment is ideal for group training facilities, athletic training facilities and more.



LVLA

LEVERAGE LAT PULLDOWN

- 360° articulating hand grips for free-floating downward pulling motion
- 76"L x 49"W x 84"H, 183 lbs.



LVLC

LEVERAGE LEG CURL

- V-bench design provides total hamstring isolation
- 74"L x 46"W x 26"H, 165 lbs



LVLE

LEVERAGE LEG EXTENSION

- Adjustable foot roller to accommodate various leg lengths and start positions
- 68"L x 47"W x 40"H, 157 lbs.



LVSR

LEVERAGE SEATED ROW

- 360° articulating hand grips provide definition and natural range of motion
- 65"L x 35"W x 44"H, 158 lbs.



LVSP

LEVERAGE SHOULDER PRESS

- Independent, unilateral arm action for balanced upper body development
- 49"L x 53"W x 52"H, 171 lbs.



LVBP

LEVERAGE BENCH PRESS

- Converging press arm movement provides advanced biomechanics
- 69"L x 53"W x 30"H, 169 lbs.



LVIP **LEVERAGE INCLINE BENCH**

- Independent, unilateral arm action for balanced muscle and upper body development
- 71"L x 53"W x 41"H, 167 lbs.



SLS500 **LEVERAGE SQUAT**

- Biomechanically-correct squat platform targets glutes and quads
- 74"L x 61"W x 67"H, 397 lbs.

** Weights not included*



SGLP500 **COMMERCIAL LEG PRESS**

- Linear Bearings for Smooth Fluid Movements at Heavy Weights
- 1500 lb. Weight Capacity
- Oversized Foot Plate
- 89"L x 68"W x 54"H, 556 lbs.

PRO CLUBLINE RACKS & CAGES

Body-Solid Pro ClubLine Racks & Cages are built for facilities with strong freeweight training clientele. Body-Solid Pro ClubLine Racks, Cages and Benches are built tough using the finest materials to assure years of maintenance-free usage from powerlifters and iron warriors.



SCB1000B COUNTER-BALANCED SMITH MACHINE

- 10 lb. counterbalanced bar
- Integrated plate storage
- 50"L x 86"W x 84"H, 543 lbs.



SDIB370 BENCH RACK COMBO

- 14 position ¼" solid steel gunracks
- Integrated plate storage
- 78"L x 65"W x 74"H, 215 lbs.

* Weights not included



SODB250 **DECLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Adjustable leg hold positions
- Backpad Width: 11.5"
- 58"L x 50"W x 55"H, 148 lbs.



SOFB250 **FLAT BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Spotter Stand included
- Backpad Width: 11.5"
- 72"L x 50"W x 57"H, 152 lbs.



SOIB250 **INCLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- Backpad Width: 11.5"
- 74"L x 50"W x 63"H, 174 lbs.



SOSB250 **SHOULDER PRESS BENCH**

- Spotter Stand included
- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs Capacity
- 50"L x 50"W x 72"H, 271 lbs.



SPR1000 POWER RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SS
- 81"L x 53"W x 90"H, 350 lbs.



SPR1000BACK EXTENDED POWER RACK

- Rear Extension includes 6 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.



SPR1000DBBACK DOUBLE EXTENDED POWER RACK

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connector
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.

SPR1000 OPTIONAL ATTACHMENTS

View the next 3 pages for all 29 SPR1000 Attachments



SPR1000

SPR1000 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.
GPRDH
Dip Handles



6.
SPRBSA
Belt Squat
Attachment



2.
GPRTBR
T-Bar Row



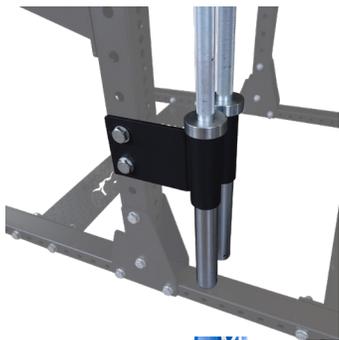
7.
SPRBT
Ball Target



3.
SPRACB
Connector Bar



8.
SPRCB
Fat-Grip
Chin Bar



4.
SPRBHV
Dual Vertical
Bar Holder



9.
SPRCUA
Multi-Grip
Chin Bar



5.
SPRBP
Band Pegs



10.
SPRDCB
Dual Chin Bar

SPR1000 OPTIONAL ATTACHMENTS *(page 2 of 3)*



11.

SPRDIP
Dip Handles



16.

SPRLFT
Monolift

12.

SPRHBH
Heavy Bag Hangar



17.

SPRMB
Connecting Money Bars

13.

SPRHT
Hip Thrust



18.

SPRMGC
Multi-Grip Pull Up

14.

SPRJAM
Jammer Arms



19.

SPRBACK
Rear Extension

15.

SPRJC
J-Cups



20.

SPRSA
Spotter Arms



SPR1000 OPTIONAL ATTACHMENTS *(page 3 of 3)*



21.
SPRSF
Safeties



26.
SPRTB
Dual T-Bar Row



22.
SPRSP
Spotter Platforms



26.
SPRUL
U-Link



23.
SPRSS
Safety Straps



27.
SPRWPH
Weight Plate Horn



24.
SPRST
Storage Tray



28.
SPR-REB
Ball Rebounder
Attachment



25.
SPRSTEP
Plyo Step
Attachment



29.
SPR-SBH
Stability Ball
Holder



SPR500 HALF RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 53" W x 89" H, 208 lbs.



SPR500BACK EXTENDED HALF RACK

- Rear Extension includes 4 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 81" W x 89" H, 339 lbs.



SPR500DBL DOUBLE HALF RACK

- Two functional Half Rack in the space of a single Power Rack
- Laser-cut numbers
- 3"x3" 11-gauge steel mainframe
- Includes four j-cup liftoffs, four safety spotter arms, two chinning bars, six weight horns
- 101"L x 85"W x 89"H, 583 lbs.



SPR250 SQUAT STAND

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51"L x 59"W x 73"H, 141 lbs.

SPR500 OPTIONAL ATTACHMENTS

View the next 3 pages for all 25 SPR500 Attachments



SPR500

SPR500 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.
GPRDH
Dip Handles



6.
SPRBP
Band Pegs



2.
GPRTBR
T-Bar Row



7.
SPRBSA
BELT SQUAT
ATTACHMENT



3.
SPRACB
Connector Bar



8.
SPRBT
BALL TARGET



4.
SPRBCB
Bench
Clearance Bar



9.
SPRCB
FAT-GRIP
CHIN BAR



5.
SPRBHV
Dual Vertical
Bar Holder



10.
SPRDBLKIT

SPR500 OPTIONAL ATTACHMENTS (page 2 of 3)



11.
SPRDCB
Dual Chin Bar



16.
SPRJC
J-Cups



12.
SPRDIP
Dip Handles



17.
SPRLFT
Monolift



13.
SPRHALFBACK
Rear Extension



18.
SPRSA
Spotter Arms



14.
SPRHLA
Lat Attachment
(Optional weight stack, SP200)



19.
SPRSP
Spotter Platform



15.
SPRHT
Hip Thrust



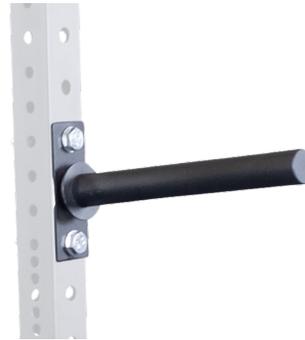
20.
SPRST
Storage Tray

SPR500 OPTIONAL ATTACHMENTS *(page 3 of 3)*



21.

SPRSTEP
Plyo Step
Attachment



24.

SPRWPH
Weight Plate Horn



22.

SPRTB
Dual T-Bar Row



25.

SPR-REB
Ball Rebounder
Attachment



22.

SPRUL
U-Link



26.

SPR-SBH
Stability Ball
Holder

SPR500BACK OPTIONAL ATTACHMENTS

These 3 Attachments only fit the SPR500BACK

1.

SPRCUA
Monkey Bar



2.

SPRPS
Pipe+Pin Safeties



3.

SPRHBH
Heavy Bag Hanger



PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.



SFB125 FLAT BENCH

- Extra thick pad
- 63"L x 25"W x 17"H, 58 lbs.



SFID325 and SFID325B ADJUSTABLE BENCH

- Adjusts from flat to several incline positions (15, 30, 45, 60 and 80°)
- 58"L x 25"W x 18"H, 75 lbs.



SFID425 FLAT / INCLINE / DECLINE BENCH

- Adjusts from decline (-18°) to flat and several incline positions (15, 30, 45, 60 and 80°)
- 66"L x 25"W x 18"H, 90 lbs.



SAB500B **AB BENCH**

- Adjustable to: 0°, 5°, 10°, 15°, 20°, 25° and 30°
- 70"L x 27"W x 49"H, 125 lbs.



SGH500B **GLUTE & HAM MACHINE**

- Oversized pads for comfort
- 77"L x 33"W x 50"H, 136 lbs.



STBR500 **T-BAR ROW MACHINE**

- Oversized Diamond-plated footplate
- 78" L x 43" W x 18" H, 163 lbs.



SVKR1000B **VERTICAL KNEE RAISE & DIP**

- Multiple close and wide grips for pull-ups and chin-ups
- 62"L x 47"W x 103"H, 373 lbs.

BODY-SOLID PRO SELECT

Body-Solid's Pro-Select product line consists of seven multi-function selectorized stations, perfect for light commercial, training studio and home workout applications. Body-Solid Pro-Select selectorized machines offer great function with a high degree of safety and are one of the industry's most affordable commercial fitness equipment lines.



GCAB-STK AB & BACK

- 27 foam roller adjustments ensure proper starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 50"W x 71"H, 399 lbs.



GCBT-STK BICEPS & TRICEPS

- Multi-grip handle allows overhand and underhand grip positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 52"L x 36"W x 71"H, 395 lbs.



GCEC-STK LEG EXTENSION & CURL

- 7 position adjustments on back pad and leg hold down
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 54"W x 71"H, 412 lbs.



GIOT-STK INNER / OUTER THIGH

- Combines both abductor and adductor exercises in one seated position
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 65"W x 71"H, 411 lbs.



GMFP-STK MULTI-PRESS

- Rotating pulleys provide smooth resistance through multiple planes of movement
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 50"W x 71"H, 330 lbs.



GLP-STK LEG & CALF PRESS

- Double beam design eliminates ankle stress and provides consistent resistance
- 2:1 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 65"L x 64"W x 71"H, 441 lbs.



FCD-STK WEIGHT ASSISTED CHIN /DIP

- Perform chin-ups, pull-ups and dips more easily by using weight as assistance
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 58"W x 83"H, 468 lbs.

BODY-SOLID RACKS & CAGES

Body-Solid Power Racks and Cages have a proven track record with years of reliability and innovation. User-friendly features on each Body-Solid Power Rack and Cage along with optional attachments, accessories and customizations allows users and facilities to tailor racks and cages to their exact needs.



GPR400 PRO POWER RACK

- 1" hole spacing for safeties
- Includes premium j-cup liftoffs and pipe & pin safeties
- Integrated chin-up bar
- 53"L x 52"W x 79"H, 273 lbs.



GPR400 PRO POWER RACK OPTIONS

OPTIONS:

- | | |
|--------|--|
| GLA400 | Lat Attachment <i>(shown)</i> |
| GPRDH | Dip Handles <i>(shown)</i> |
| GPRFT | Functional Trainer Attachment <i>(not shown)</i> |
| GPRFTS | Functional Trainer Attachment <i>(not shown)</i> |
| GPRTBR | T-Bar Row attachment <i>(shown)</i> |
| GPRUL | U-Link <i>(shown)</i> |
| GPRWH | Weight Horns <i>(shown)</i> |
| SPRBP | Band Pegs <i>(not shown)</i> |
| SPRCUA | Multi-Chin Attachment <i>(not shown)</i> |
| SPRHT | Hip Thruster <i>(not shown)</i> |
| SPRJC | J-Cup Liftoffs <i>(shown)</i> |
| SPRLFT | Monolift Arms <i>(not shown)</i> |
| SPRSP | Spotter Platforms <i>(not shown)</i> |
| SPRTB | Dual T-Bar Row Platform <i>(not shown)</i> |

GPR400 OPTIONAL ATTACHMENTS

View the next 2 pages for all 15 GPR400 Attachments



GPR400

GPR400 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.

GLA400
Lat Attachment



6.

GPRTBR
T-Bar Row



2.

GPRDH
Dip Handles



7.

SPRUL
U-Link



3.

GPRFT
Functional Trainer
(Plate Loaded)



8.

GPRWH
Weight Plate Horn



4.

GPRFTS
Functional Trainer
(Selectorized
Weight Stacks)



9.

SPRBP
Band Pegs



5.

GPRSF
Safeties



10.

SPRCUA
Multi-Grip
Chin Bar

GPR400 OPTIONAL ATTACHMENTS *(page 2 of 3)*



11.

SPRHT
Hip Thrust



12.

SPRJC
J-Cups



13.

SPRLFT
Monolift



14.

SPRSP
Spotter Platform



15.

SPRTB
Dual T-Bar Row

GPR400 OPTIONAL ATTACHMENTS *(page 3 of 3)*



GPRFT **FUNCTIONAL TRAINER** **ATTACHMENT** *(only fits GRP400)*

The GRPFT adds fully adjustable functional pulleys on the front of the GPR400 and a dual lat pulldown/low pulley in the middle of the rack.

- Utilizes Olympic weight plates
- Fully adjustable dual front swiveling pulleys
- Dual pulley lat pulldown and low row
- Includes: 2 x nylon cable handles, lat bar, low row bar
- 77"L x 74"W x 81"H, 190lbs.



GPRFTS **FUNCTIONAL TRAINER** **ATTACHMENT** *(only fits GRP400)*

The GRPFTS adds fully adjustable functional pulleys on the front of the GPR400 and a dual lat pulldown/low pulley in the middle of the rack.

- Selectorized Weight Plate Stacks (2 x 210lbs.)
- Fully adjustable dual front swiveling pulleys
- Dual pulley lat pulldown and low row
- Includes: 2 x nylon cable handles, lat bar, low row bar
- 77"L x 57"W x 81"H, 625lbs.



GLA400 LAT ATTACHMENT

Transform the Body-Solid GPR400 Power Rack into a complete home gym with the GLA400 Lat Attachment.

- High and Low Pulley with no cable change design
- Includes lat bar and low row bar
- Optional 150 lb weight stack, SP150
- 80"L x 52"W x 80"H, 85lbs.



GPR370 MULTI-PRESS RACK

- 14 position ¼" solid steel gunracks
- 7° reverse pitch for biomechanically correct lifting paths
- 45"L x 64"W x 74"H, 140 lbs.



GS348QB **SERIES 7 SMITH MACHINE**

- Large diameter, 25 lb. Smith Bar
- For smith and freeweight barbell exercises
- 56"L x 70"W x 83"H, 276 lbs.



GS348QP4 **SERIES 7 SMITH PACKAGE**

- Complete Smith Gym System
- 98"L x 70"W x 83"H, 724 lbs.

INCLUDES:

GS348QB	Smith Machine
GLA348QS	210 lb. Lat Attachment
GPA3	Pec Attachment
GFID71	Flat / Incline / Decline Bench
GLDA3	Leg Developer (not shown)
GPCA1	Preacher Curl (not shown)

GS348Q OPTIONAL ATTACHMENTS



BODY-SOLID STRENGTH

Body-Solid produces more benches and all-purpose strength equipment than any other manufacturer. Our wide array of products are designed to be versatile enough to cover the entire body while also maximizing results.



GFB350 FLAT BENCH

- Transport wheels for easy movement
- 49"L x 23"W x 19"H, 42 lbs.



GFID100 FLAT / INCLINE / DECLINE BENCH

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Optional attachments: GLDA3 Leg Developer and GPCA1 Preacher Curl
- 66"L x 28"W x 19"H, 53 lbs.



FID46 **FLAT / INCLINE / DECLINE BENCH**

- Synchronized seat and back pad
- Includes leg developer
- 72"L x 28" W x 31"H, 93 lbs.



GFID225 **FOLDING MULTI-BENCH**

- Folds flat for easy storage
- Ships fully assembled
- 57"L x 18"W x 10"H - Folded
- 60"L x 18"W x 19"H - In-Use
- 53 lbs.



GFID31 **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Oversized seat adjustment for bent-knee ab crunch position
- Optional attachments: GLDA1 Leg Developer and GPCA1 Preacher Curl
- 59"L x 27"W x 22"H, 57 lbs.



GFID71 **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- 2" x 3" 11-gauge steel frame
- Optional attachments: GLDA3 Leg Developer, GPCA1 Preacher Curl
- 68"L x 28"W x 19"H, 100 lbs.



GDIB46L **POWERCENTER COMBO BENCH**

- Includes Leg Developer
- Flat / Incline / Decline
- 77"L x 46"W x 43"H, 110 lbs.



GST20 **UTILITY BENCH**

- Wide rear legs prevent rocking
- Height to seat pad: 18"
- 28"L x 28"W x 46"H, 30 lbs.



GRCH32 **ROMAN CHAIR**

- Works glutes, hamstrings, calves, abs, obliques and back
- Extra-wide base eliminates rocking
- 51"L x 27"W x 43"H, 70 lbs.



GHYP345 **45° BACK HYPEREXTENSION**

- Increase flexibility and relieve back pain
- Oversized foot plate provides easy access
- 53"L x 29"W x 36"H, 68 lbs.



GAB100 **HORIZONTAL AB CRUNCH MACHINE**

- Work upper and lower abs in one synchronized movement
- Weight posts for increased resistance or assistance
- 61"L x 33"W x 36"H, 72 lbs.



GAB300B **SEMI-RECUMBENT AB BENCH**

- Intense isolation of the abdominal region
- Lower abdominal counter-balance and resistance with lock-out feature
- 69"L x 34"W x 52"H, 100 lbs.



GAB60 **PRO-STYLE AB BOARD**

- 12 adjustment levels from 0° to 45°
- Transport wheels for easy mobility
- 66"L x 24"W x 52"H, 39 lbs.



GCAB360 **CAM SERIES AB & BACK**

- Isolated ab and back movements
- Easy-to-use pop-pin adjustments
- 59"L x 45"W x 43"H, 75 lbs.



GDIP59 **DIP STATION**

- Large diameter grips
- Dip handles taper from 21" to 19" width
- 40"L x 27"W x 53"H, 44 lbs.



GVKR60B **VERTICAL KNEE RAISE & DIP**

- Safe, no-slip step-up entry
- 37"L x 27"W x 60"H, 61 lbs.



GVKR82 **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up/chin-up station features easy step-up entry
- 58"L x 50"W x 82"H, 112 lbs.



FCD **VERTICAL KNEE RAISE / DIP /** **CHIN-UP**

- Lat pull-up (wide grip)/chin-up (close grip) station features easy step-up entry
- Dip station features oversized grips for ultimate comfort
- 63"L x 42"W x 83"H, 136 lbs.



GPM65 **PEC DEC / REAR DELT**

- Articulating handles for unilateral and bilateral chest development
- 69"L x 39"W x 66"H, 91 lbs.



GSRM40 **SEATED ROW MACHINE**

- Multi-position adjustable handles
- 56"L x 43"W x 39"H, 81 lbs.



GPCB329 **PREACHER CURL BENCH**

- Isolate biceps with classic preacher curl movement
- Extra-wide base and bar cradle
- 34"L x 35"W x 38"H, 74 lbs.



GCBT380 **CAM SERIES BICEPS & TRICEPS**

- V-Bar handle to better isolate targeted muscles
- Arm pad positioned at 30° angle
- Shown with optional OA8 Olympic Adapter Sleeve
- 41"L x 45"W x 40"H, 79 lbs.



GCLP100 **COMPACT LEG PRESS**

- Combines leg press & calf raise in one compact machine
- Carriage with sealed linear bearings
- 67"L x 47"W x 46"H, 229 lbs.



GLPH1100 **LEG PRESS & HACK SQUAT**

- Quad track roller system operates smoothly and distributes weight evenly
- Flip-and-lock back pad mechanism
- 83"L x 34"W x 56"H, 340 lbs.



GCEC340 **CAM SERIES LEG EXT. & CURL**

- Leg extension & leg curl performed from one comfortable seated position
- Adjustable lifting arm can be positioned for both hamstring and quad isolation
- 56"L x 44"W x 37"H, 72 lbs.



GLCE365 **LEG EXTENSION & CURL**

- Perform leg extensions and lying supine leg curls
- Synchronized pads provide back support for leg extension exercise
- 55"L x 27"W x 48"H, 92 lbs.



GSCR349 **SEATED CALF RAISE**

- Isolate calves for intense calf raise workout
- Operates on a 3:1 weight ratio
- 47"L x 23"W x 39"H, 93 lbs.



GSCL360 **LEVERAGE SQUAT & CALF**

- Innovative rounded calf raise block provides a deep pre-stretch for maximum development
- Diamond plate foot platform is set to perfect 20° pitch for optimal develop of quads and glutes
- 62"L x 47"W x 56"H, 170 lbs.



GSS50 **SISSY SQUAT**

- Train abs, legs and core
- 44"L x 24"W x 19"H, 47 lbs.



GWS100 **WEIGHT SLED**

- Multiple handles make pushing and pulling easy and effective
- Removable posts allow workout customization
- 50"L x 31"W x 40"H, 68 lbs.



GINV50 **INVERSION TABLE**

- Stable extra heavy gauge steel frame
- Proprietary ankle adjustment
- 72"L x 28"W x 79"H, 53 lbs.



GLM85B **LAT MACHINE**

- High and low pulley no cable change design
- Plate loaded or 210lb. Selectorized Stack
- Includes Lat Bar and Low Row Bar
- Adjustable leg hold down, and foot plate for low rows
- 54"L x 45"W x 82"H 136 lbs.



GLGS100P4 **CORNER LEVERAGE PACKAGE**

- Total body freeweight gym
- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 95"L x 67"W x 83"H, 244 lbs.

INCLUDES:

GLGS100 Corner Leverage Gym

GFID100 Flat / Incline / Decline Bench



SBL460P4 **LEVERAGE GYM PACKAGE**

- Total body freeweight gym
- Three people can work out together safely
- 149"L x 100"W x 83"H, 630 lbs.

INCLUDES:

SBL460 Leverage Gym

LSA50 Leverage Squat Attachment

FID46 Flat / Incline / Decline Bench

BODY-SOLID FUNCTIONAL

Body-Solid functional training equipment provides unparalleled performance and value. We blend modern designs and a lifetime of knowledge to build equipment that can train multiple muscle groups, maximize sports-specific performance or fit comfortably into rehabilitation and physical therapy studios.



GFT100 FUNCTIONAL TRAINING

- Includes Two Aluminum Stirrup Handles, Triceps Rope, Chin/Dip Rope, Double Swivel Bar
- Accessory Rack included
- 45"L x 64"W x 83"H, 633 lbs.

OPTIONS:
GFT100SH Weight Stack Shrouds



ALL BODY-SOLID FUNCTIONAL TRAINERS FEATURE:

- Two – 160lb weight stacks standard
- Optional – 210 lb. or 310 lb. weight stacks available
- Integrated chin-up / pull-up bar
- Pulleys swivel 180°
- 20 pulley adjustments per side
- 1/2:1 weight resistance ratio



GDCC210
COMPACT FUNCTIONAL TRAINING CENTER

- Includes two nylon cable handles and exercise chart
- 43"L x 58"W x 84"H, 493 lbs.



GDCC250
DELUXE CABLE CROSSOVER

- Includes two nylon cable handles and exercise chart
- 164"L x 29"W x 84"H, 560 lbs.

FUNCTIONAL TRAINING OPTIONS:



SP50
50 LB. STACK UPGRADE



GDCCBAR
DUAL PRESS BAR



GDCCRACK
ACCESSORY RACK

- GDCC210 & GDCC200



MB100A
ALUMINUM DOUBLE SWIVEL BAR

BODY-SOLID GYM SYSTEMS

Body-Solid gyms are designed to maximize performance and last a lifetime. Each Body-Solid gym features state-of-the-art designs and user-friendly features at an affordable price. Our industry-leading selection range from space-saving gyms to robust multi-user gyms and everything in-between.



S1000

PRO CLUBLINE S1000 FOUR-STACK GYM

- Four independent stations allow up to four people to workout simultaneously: chest press and leg developer, lat and mid row, leg press and calf raise, cable column
- 210 lb. weight stacks standard (upgradable to 310 lb. weight stacks)
- 11-gauge steel mainframe
- Fully-shrouded weight stacks
- Body-Solid Pro Clubline Full-Commercial Warranty
- Product Weight: 1728 lbs.
- Dimensions: 124" L x 135" W x 83"H



G10B **BI-ANGULAR TWO STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Dedicated Leg Extension and Seated Leg Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 72"L x 98"W x 84"H, 929 lbs.
- 84"L x 135"W x 84"H (with Leg Press option)



G9S **TWO STACK GYM**

- Includes lat bar, low row bar, ankle cuff, ab/triceps strap, workout chart and dvd
- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- Optional VKR Station (not shown)
- 90"L x 73"W x 84"H, 964 lbs.
- 90"L x 104"W x 84"H, (with GKR9 option)
- 90"L x 133"W x 84"H, (with GIOT option)



G6BR **BI-ANGULAR SINGLE STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 84"L x 58"W x 84"H, 547 lbs.
- 84"L x 82"W x 84"H (with Leg Press option)



G5S **SINGLE STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 81"L x 55"W x 84"H, 511 lbs.
- 81"L x 83"W x 84"H (with Leg Press option)
- 85"L x 104"W x 84"H (with GIOT option)



F500 **FUSION 500 SINGLE STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 76"L x 48"W x 83"H, 526 lbs.
- 79"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)



F600 **FUSION 600 SINGLE STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Seated Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 74"L x 51"W x 83"H, 573 lbs.
- 80"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)



EXM3000LPS TWO STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- (2) 210 lb. weight stacks included
- 90"L x 82"W x 83"H, 947 lbs.
- 90"L x 104"W x 83"H (with VKR30 option)

EXM SERIES GYM OPTIONAL ATTACHMENTS



VKR30

- Knee Raise/Dip Station
- Fits the EXM3000LPS

G SERIES GYM OPTIONAL ATTACHMENTS



SP50
50 lb. Weight Stack
upgrade
G5S, G6BR,
G9S, G10B



GIOT
Inner/Outer
Thigh
G5S, G6BR,
G9S, G10B



GKR9
Vertical Knee
Raise
G9S



GLP
Leg Press/Calf
Press
G5S, G6BR,
G10B



GAP
Aluminum Pulley
G5S, G6BR,
G9S, G10B

FUSION GYM OPTIONAL ATTACHMENTS



FCDWA
Weight Assisted
Dip/Pull-Up
Fusion 500,
Fusion 600



FLP
Leg Press
Fusion 500,
Fusion 600



FMH
Multi-Hip Station
Fusion 500,
Fusion 600

OPTIONAL ATTACHMENTS FOR ALL BODY-SOLID GYMS



HP10
Premium Weight
Stack Plate



WSA
Weight Stack
Adapters
2.5 lb & 5 lb

BODY-SOLID TOOLS

The Body-Solid Tools line of accessories is designed with all users in mind. From medicine balls and slam balls to plyo boxes, pull-up bars and training ropes, Body-Solid Tools accessories cover every facet of fitness and provide gyms and facilities with everything they need for a complete user experience.



BSTSB(SIZE) **STABILITY BALLS**

- Durable, latex-free, anti-burst construction
- Available in 45, 55, 65, and 75 cm diameter



BSTTT(WEIGHT) **TIRE TREAD SLAM BALLS**

- Thick durable rubber shell
- Non bouncing, non rolling design
- Aggressive tire tread surface for superior grip
- Available in 10, 15, 20, 25 and 30 lb.



BSTHB(WEIGHT) **SLAM BALLS**

- Thick durable rubber shell
- Non bouncing, non rolling design
- Textured surface for superior grip
- Available in 10, 15, 20, 25, and 30 lb.



BSTSMB(WEIGHT) **SOFT MEDICINE BALLS**

- Easy to catch, impact-absorbing design
- Each medicine ball features a 14" diameter
- Available in 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



BSTDMB(WEIGHT) **DUAL GRIP MEDICINE BALLS**

- Durable rubber, easy-grip handles
- Available in 6, 8, 10, 12, 14, 16, 18, and 20 lb.



BSTMB(WEIGHT) **PREMIUM MEDICINE BALLS**

- Textured grip for superior handling
- Durable rubber construction
- Large, easy-to-identify weight identifiers and color-coding
- Available in 2, 4, 6, 8, 10, 12, 14, 16, 20, 25, and 30 lb.



BSTDYN(WEIGHT) **DYNAMAX MEDICINE BALLS**

- Soft-shell design is scuff-resistance and designed to hold shape
- Heavy-duty, vinyl-coated nylon cover
- 14" diameter
- Available in 4, 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



BSTHRB(WEIGHT) **HEAVY RUBBER BALLS**

- Heavy-rubber construction for significantly longer life
- Durable rubber construction
- Consistent center of gravity
- Available in 20, 30, 40, 50, 60, and 70 lbs.



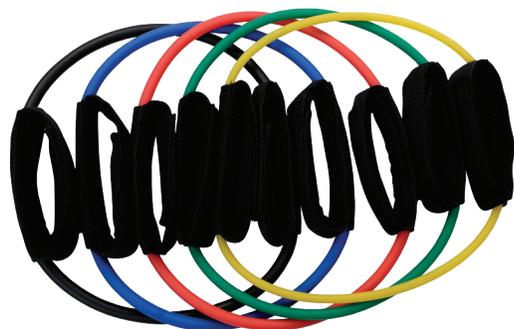
BSTB LIFTING BANDS

BSTB1	ORANGE	VERY LIGHT
BSTB2	GREEN	LIGHT
BSTB3	RED	MEDIUM
BSTB4	BLUE	HEAVY
BSTB5	PURPLE	VERY HEAVY



BSTBM MINI RESISTANCE BANDS

BSTBM1	YELLOW	VERY LIGHT
BSTBM2	GREEN	LIGHT
BSTBM3	RED	MEDIUM
BSTBM4	BLUE	HEAVY
BSTBM5	BLACK	VERY HEAVY



BSTART ANKLE RESISTANCE TUBES

BSTART1	YELLOW	VERY LIGHT
BSTART2	GREEN	LIGHT
BSTART3	RED	MEDIUM
BSTART4	BLUE	HEAVY
BSTART5	BLACK	VERY HEAVY

BSTRT RESISTANCE TUBES

BSTRT1	YELLOW	VERY LIGHT
BSTRT2	GREEN	LIGHT
BSTRT3	RED	MEDIUM
BSTRT4	BLUE	HEAVY
BSTRT5	BLACK	VERY HEAVY

BSTRTDA RESISTANCE TUBE DOOR ATTACHMENT

- Anchor resistance tubes in door frame
- 8.5" L x 1.5" W





BSTPB(HEIGHT) **STACKABLE METAL PLYO BOXES**

BSTPB6	H 6"	BSTPB30	H 30"
BSTPB12	H 12"	BSTPB36	H 36"
BSTPB18	H 18"	BSTPB42	H 42"
BSTPB24	H 24"		



BSTSPBOX **3-IN-1 PLYO BOX**

BSTSPBOX - SOFT PLYO BOX
20" x 24" x 30"



BSTWPBOX **3-IN-1 PLYO BOX**

BSTWPBOX - WOODEN PLYO BOX
20" x 24" x 30"



BSTAW(WEIGHT) ADJUSTABLE ANKLE WEIGHTS

- Sold in pairs
- Adjustable in 1 lb. increments

BSTAW10 10 lb.

BSTAW20 20 lb.



BSTWVP(WEIGHT) WEIGHTED VESTS

- Dual velcro straps for secure fit
- Individual 1.25 lb. sandbags for easy adjustments

BSTWVP20 20 lb.

BSTWVP40 40 lb.



BSTSH SLED HARNESS

- Fully adjustable fit
- Quick release strap
- For use with weight sleds and parachutes



BSTFR FOAM ROLLERS

BSTFR36F	36"L x 6"W x 6"H	FULL
BSTFR36H	36"L x 6"W x 3"H	HALF



BSTFRP PREMIUM FOAM ROLLERS

BSTFRP36F	36"L x 6"W x 6"H	FULL
BSTFRP18F	18"L x 6"W x 6"H	SHORT



BSTYM YOGA MATS

BSTYM3	72"L x 24"W x 3mm	BLUE
BSTYM5	72"L x 24"W x 5mm	RED
BSTYM10	72"L x 24"W x 6mm	GREEN



BSTYB10 PREMIUM FOAM YOGA BLOCK

- Lightweight, high-density and sturdy for long-lasting durability
- Beveled edges provide soft, stable grip
- 9"L x 4"W x 6"H, .5 lb.



BSTFM10 **FOAM EXERCISE MAT**

- Contoured bottom to minimize slippage
- Carrying strap & hand-hold
- 48"L x 20"W x .5"H, 2 lbs.



BSTFM20 **HANGING FOAM EXERCISE MAT**

- Reinforced eyelets to hang on wall or door
- Water-resistant, non-slip surface
- 71"L x 23"W x .5"H, 2 lbs.

BSTFMH **FOAM MAT HANGER**

- 21"L x 7"W x 2"H, 1 lbs.



PUB34 **CHIN-UP BAR**

- Easily removes from door frame brackets when not in use
- Extends up and out from door frame increasing range of motion
- 37"L x 16"W x 7"H, 9 lbs.



PUB30 **PULL-UP/PUSH-UP BAR**

- No mounting hardware required
- Fits doorways 27.5" to 30"W
- 37"L x 16"W x 7"H, 4 lbs.



BSTFB(WEIGHT) FITNESS BARS

- Weight designations permanently stamped into color-coordinated rubber end caps
- Available in 4, 6, 9, 12, 15, 18, 24, 30, and 36 lb.



GFR500 FITNESS BAR RACK

- 24"L x 29"W x 43"H, 37 lbs.
- Holds up to 30 bars



GCRPACK CARDIO BAR PACK

- 35"L x 36"W x 50"H, 505 lbs.

PACK INCLUDES:

1 GCR100	RACK
10 RBCW	55" STRAIGHT BARS
20 RCCW	SPRING COLLARS
20 RPCW2-5	2.5 lb. PLATES
20 RPCW5	5 lb. PLATES
20 RPCW10	10 lb. PLATES



MB229
REVOLVING
CURL BAR



MB229RG
REVOLVING
CURL BAR



MB022
REVOLVING
STRAIGHT BAR



MB022RG
PRO-GRIP
REVOLVING
STRAIGHT BAR



MB022A
ALUMINUM
REVOLVING
STRAIGHT BAR



MB229A
ALUMINUM
REVOLVING
CURL BAR



MB148A
ALUMINUM
LAT BAR



MB100A
ALUMINUM
DOUBLE SWIVEL
BAR



MB501A
ALUMINUM
REVOLVING
STIRRUP HANDLE



MB502A
ALUMINUM
CHIN HANDLE



MB504A
ALUMINUM
TRICEP BAR



MB501
STIRRUP HANDLE



MB501RG
PRO-GRIP
STIRRUP HANDLE



MB502
SEATED ROW /
CHIN BAR



MB502RG
PRO-GRIP
SEATED ROW /
CHIN BAR



MB503RG
PRO-GRIP
MULTI BAR



MB504
TRICEP PRESS-
DOWN BAR



MB504RG
PRO-GRIP
TRICEP PRESS-
DOWN BAR



MB507RG
PRO-GRIP
V-BAR



MB438RG
PRO-GRIP
MULTI-GRIP
LAT BAR



MB148RG
PRO-GRIP
PRO-STYLE
LAT BAR



MB148
LAT BAR



NB51
NYLON WRIST
STRAPS



NB52
LIFTING STRAPS



NB55
NYLON DIPPING
STRAP



NB56
NYLON DIPPING
BELT



NAS3
NYLON ANKLE
STRAP



MA307N
NYLON HEAD
HARNESS



NTS10
TRICEP STRAP



ACH18
AB CRUNCH
HARNESS



NB59
ADJUSTABLE
NYLON HANDLE



NB59A
ALUMINUM
NYLON HANDLE



TR20
TRICEP ROPE



TR30
NATURAL FIBER
TRICEP ROPE



BSTGT
GRIP TRAINER



BSTCB
CANNONBALL
GRIPS



BSTNG
NUN-CHUCK
GRIPS



BSTDB
DOG BONE
GRIP



AAB2
GUT BLASTER
AB SLINGS



STT45
WEIGHT PLATE
CLOCK



BSTAB1
AB WHEEL



PG2
PRO POWER
GRIPS



BSTJR1
JUMP ROPE



BSTSR1
CABLE SPEED
ROPE



BSTSR10
PREMIUM
SPEED ROPE



BSTRINGS
RINGS



BB23
BICEPS BOMBER



GIB2R
INVERSION
BOOTS



BSTBR

FITNESS TRAINING ROPES

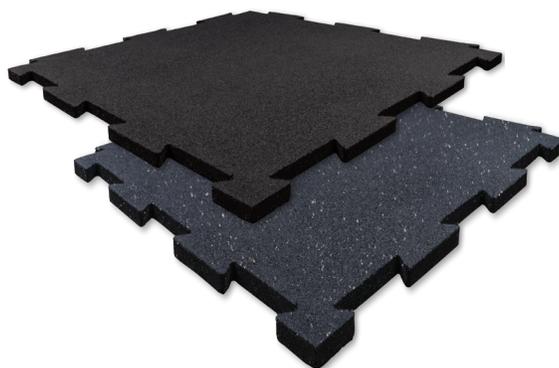
BSTBR1530	1.5" DIA x 30' LONG
BSTBR1540	1.5" DIA x 40' LONG
BSTBR2030	2.0" DIA x 30' LONG
BSTBR2040	2.0" DIA x 40' LONG



RF546

RUBBER FLOORING

- 72"L x 48"W x 1/2"H



RFBST4PB | RFBST4PS

INTERLOCKING RUBBER FLOORING

RFBST4PB (box of 4 pcs) - BLACK

- 19.75"L x 19.75"W x 7/16"H

RFBST4PS (box of 4 pcs) - GRAY SPECK

- 19.75"L x 19.75"W x 7/16"H



RF36T | RF34B | RF38R

CARDIO MATS

- RF36T 78"L x 36"W x 1/8"H
- RF34B 48"L x 36"W x 1/8"H
- RF38R 102"L x 36"W x 1/8"H

WEIGHTS & BARS

Body-Solid offers one of the largest selections of free weights and bars in the industry. Each Body-Solid weight plate, Olympic bar, kettlebell and dumbbell is meticulously designed and constructed to perform its best every time.



OPB CAST IRON OLYMPIC PLATES

OPB2-5	2.5 lb.
OPB5	5 lb.
OPB10	10 lb.
OPB25	25 lb.
OPB35	35 lb.
OPB45	45 lb.
OPB100	100 lb.

SETS

OSB255	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
OSB355	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
OSB455	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OSC300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSC400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSC500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



SETS W/ BLACK BAR

OSB300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
OSB400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
OSB500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars



OPT CAST IRON GRIP OLYMPIC PLATES

OPT2-5	2.5 lb.
OPT5	5 lb.
OPT10	10 lb.
OPT25	25 lb.
OPT35	35 lb.
OPT45	45 lb.

SETS

OST255	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
OST355	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
OST455	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OST300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OST400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OST500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



ORT RUBBER GRIP OLYMPIC PLATES

ORT2-5	2.5 lb.
ORT5	5 lb.
ORT10	10 lb.
ORT25	25 lb.
ORT35	35 lb.
ORT45	45 lb.
ORT100	100 lb.

SETS

ORST255	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
ORST355	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
ORST455	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OSR300S	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSR400S	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSR500S	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



ORC COLOR RUBBER GRIP OLYMPIC PLATES SETS

ORC2-5	2.5 lb.	ORCT255	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
ORC5	5 lb.	ORCT355	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
ORC10	10 lb.	ORCT455	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
ORC25	25 lb.	ORC300	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
ORC35	35 lb.	ORC400	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
ORC45	45 lb.	ORC500	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



OBPH PREMIUM BUMPER PLATES

OBPH10	10 lb.	• Made in the USA
OBPH15	15 lb.	• 2" Stainless steel center bushing protects the rubber material
OBPH25	25 lb.	• Rubber made from recycled rubber
OBPH35	35 lb.	• Dimensions- each plate is 17.7" round regardless of weight
OBPH45	45 lb.	• 1 Year Commercial Warranty



OBPX CHICAGO EXTREME BUMPER PLATES

OBPX10	10 lb.	• Diameter 450mm (17.72"), IWF Standard
OBPX15	15 lb.	• Collar Opening 50.8mm (2")
OBPX25	25 lb.	• Smooth Black Finish
OBPX35	35 lb.	• 1 Year Commercial Warranty for 10 lb. and 15 lb.
OBPX45	45 lb.	• 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



OBPXC CHICAGO EXTREME COLOR BUMPER PLATES

OBPXC10	10 lb.	• Diameter 450mm (17.72"), IWF Standard
OBPXC15	15 lb.	• Collar Opening 50.8mm (2")
OBPXC25	25 lb.	• Smooth Finish
OBPXC35	35 lb.	• 1 Year Commercial Warranty for 10 lb. and 15 lb.
OBPXC45	45 lb.	• 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



RPB CAST IRON STANDARD PLATES

RPB1-5	1.5 lb.	RPB12-5	12.5 lb.
RPB2-5	2.5 lb.	RPB20	20 lb.
RPB5	5 lb.	RPB25	25 lb.
RPB7-5	7.5 lb.	RPB50	50 lb.
RPB10	10 lb.		



BSTVD(WEIGHT) **VINYL DUMBBELL**

- Durable vinyl finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.



BSTND(WEIGHT) **NEOPRENE DUMBBELL**

- Durable neoprene finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.



SDX(WEIGHT) **CAST IRON HEX DUMBBELLS**

- Straight handles
- Available in 2, 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



SDR(WEIGHT) **RUBBER HEX DUMBBELLS**

- Contoured, knurled, chrome handles
- Available in 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, and 120 lb.



SDP(WEIGHT) **PREMIUM ROUND RUBBER DUMBBELLS**

- Straight, knurled, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



SBB(WEIGHT) FIXED WEIGHT BARBELLS

- Knurled chrome handles for secure grip
- Straight bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



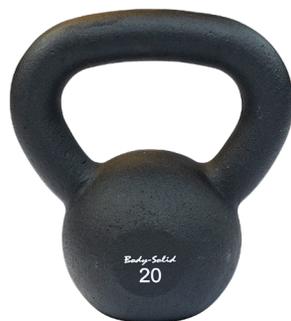
SBZ(WEIGHT) FIXED WEIGHT BARBELLS

- Knurled chrome handles for secure grip
- Ez-curl bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



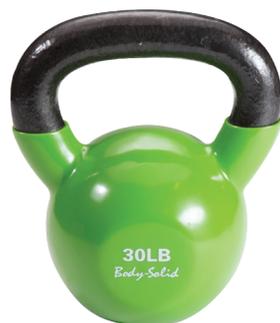
SBBR100 FIXED WEIGHT BARBELL RACK FOR SBB and SBZ BARBELLS

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



KBR(WEIGHT) CAST IRON KETTLEBELLS

- Powder Coated finish
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, and 100 lb.



KBV(WEIGHT) VINYL DIPPED KETTLEBELLS

- Durable vinyl coating is color-coded by weight
- Available in 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, and 50 lb.



KBC(WEIGHT) PREMIUM KETTLEBELLS

- Durable rubber coating with premium, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, and 80 lb.



KBX(WEIGHT) TRAINING KETTLEBELLS

- Durable powder-coat finish
- Gravity cast
- Available in 4 kg (8.8 lb), 6 kg (13.2 lb), 8 kg (17.6 lb), 10 kg (22.0 lb), 12 kg (26.4 lb), 14 kg (30.8 lb), 16 kg (35.2 lb), 18 kg (39.7 lb), 20 kg (44.1 lb), 22 kg (48.5 lb), 24 kg (52.9 lb), 28 kg (61.7 lb), 32 kg (70.5 lb), and 36 kg (79.4 lb)

**OB60B****5' OLYMPIC BAR (BLACK)**

- E-Coat Center Section
- Bar Dia: 30.00 mm
- (ID) Collars: 36.5"
- Sleeve Length: 9.75"
- Weight Capacity: 600 lbs.
- 60"L, 30 lbs.

**OB72A15****6' OLYMPIC BAR (ALUMINUM)**

- Bar Dia: 28.50 mm
- (ID) Collars: 51.5"
- Sleeve Length: 9.25"
- Weight Capacity: 300 lbs.
- 72"L, 15 lbs.

**OB72B****6' OLYMPIC BAR (BLACK)**

- E-Coat Center Section
- Bar Dia: 30.00 mm
- (ID) Collars: 46.0"
- Sleeve Length: 11.25"
- Weight Capacity: 600 lbs.
- 72"L, 40 lbs.

**OB79EXT****WOMEN'S OLYMPIC BAR**

- Bar Dia: 25.00 mm
- (ID) Collars: 51.5"
- Sleeve Length: 12.5"
- Weight Capacity: 1000 lbs.
- 78"L, 33 lbs.

**OB86B****7' OLYMPIC BAR (BLACK)**

- E-Coat center section
- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.

**OB86****7' OLYMPIC BAR (CHROME)**

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.

**OB86P1000****7' OLYMPIC POWER BAR (CHROME)**

- Bar Dia: 30.00 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.25"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.

**OB86LPB****7' OLYMPIC POWER BAR (ZINC)**

- Bar Dia: 28.50 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.75"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.

**OB86EXT****EXTREME OLYMPIC BAR**

- Bar Dia: 28.75 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.25"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.

**OB20****OLYMPIC DUMBBELL HANDLES**

- Sold Individually
- Knurled grip
- 20"L, 20 lbs.

**OB34C****OLYMPIC TRICEPS BAR**

- Bar Dia: 25.50 mm
- (ID) Collars: 18.5"
- Sleeve Length: 7"
- 34"L, 22 lbs.

**OB47C****OLYMPIC CURL BAR (CHROME)**

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.

**OB47B****OLYMPIC CURL BAR (BLACK)**

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.

**OB48****OLYMPIC COMBO BAR (CHROME)**

- Bar Dia: 25.50 mm
- (ID) Collars: 33.75"
- Sleeve Length: 7"
- 48"L, 20 lbs.

**OB86FG****FAT GRIP BAR (BLACK)**

- 2" grip diameter for extra emphasis on forearms/grip strength
- 2" diameter sleeves for use with Oly weights
- 86"L x 2.5"W x 2.5"H, 29 lbs.
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.

**OB48F****FAT CURL BAR (BLACK)**

- 2" grip diameter for extra emphasis on forearms/grip strength
- 11-gauge steel
- 2" diameter sleeves for use with Oly weights
- 48"L x 5"W x 3"H, 12 lbs.

**OMG47****OLYMPIC MULTI-GRIP CURL BAR**

- Three separate neutral grips to enhance muscle recruitment
- Knurled handles for comfortable and secure lifts
- 2" sleeve diameter for use with Oly weights
- 48"L x 8"W x 3"H, 12 lbs.

**OMG86****OLYMPIC MULTI-GRIP BAR (BLACK)**

- Bar Dia: 25.50 mm
- (ID) Collars: 52.5"
- Sleeve Length: 16.5"
- 86"L, 45 lbs.



OBSS50B **SAFETY SQUAT BAR**

- E-Coat Center Section
- Redistribute weight during squats and lunges
- Extra thick pad to prevent sliding & movement during lifts
- Heavy-duty & comfortable vinyl pads
- 2" diameter sleeves for use with Oly weights
- 16"L x 87"W x 4"H, 47 lbs..



BSTFWH **FARMERS WALK BARS**

- Sold in pairs
- Bar Dia: 25.50 mm
- (ID) Collars: 35.625"
- Sleeve Length: 12"
- 60"L, 18 lbs. each



OTB50 & OTB50RH **OLYMPIC TRAP BARS**

- Bar Dia: 25.50 mm
- (ID) Collars: 24" Handle
- Sleeve Length: 9.75"
- 56"L, OTB50 - 45 lbs. | OTB50RH - 50 lbs.



OTB100 **OPEN TRAP BAR**

- Perfect for deadlifts, shrugs, lunges & more
- Dual high & low ergonomic handles
- Built-in bar jack
- 16.25" 2" diameter plate sleeves
- 26"L x 73"H x 8"H, 58 lbs



OC06PR **OLYMPIC SPRING COLLARS**

- Sold in pairs
- Simple and effective spring tension design



OC04 **OLYMPIC TRAINING COLLARS**

- Sold individually
- Classic old school style for quick changes



BSTLJ02 **LOCK JAW OLY 2 COLLARS**

- Sold in pairs
- Uni-body construction for heavy usage
- Durable and secure lever design
- Quick and easy to use
- Elastomer pads protect bar finish



BSTLJHX **LOCK JAW HEX COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish



TBR10
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



TBR20
DUAL PIVOT
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



LBB28
LAT BLASTER BAR

- 31"L x 5"W x 1"H
- 5 lbs.



TBR50
HOME PLATE
LANDMINE

- 23"L x 15"W x 5"H
- 31 lbs.



LMSE
LANDMINE
SINGLE EYELET

- 13"L x 5"W x 2"H
- 3 lbs.



LMPP
LANDMINE
PLATE PIVOT

- 10"L x 10"W x 2.5"H
- 5 lbs.



LMMG
LANDMINE
MULTI-GRIP

- 44"L x 9"W x 8"H
- 8 lbs.



LMCG
LANDMINE
CLUBGRIP

- 24"L x 5"W x 3"H
- 7 lbs.



BSTOBJ
OLYMPIC
BAR JACK

- Sold individually
- 20"L x 5"W x 13"H
- 9 lbs.



BSTOLP
PLATE LOAD PIN

- 12"L x 4"W x 4"H
- 2 lbs.



BSTOBS
OLYMPIC
BAR STANDS

- Sold individually
- 2"L x 17"W x 12"H
- 7 lbs.



BSTCH44
LIFTING CHAINS

- Sold in pairs
- Zinc-coated
- 5' Length
- 22 lbs. each



BSTOPW
PLATE WEDGE

- Sold individually
- 9"L x 2"W x 1"H
- .5 lbs.



MA105
BAR PAD

- 16"L x 4"W x 4"H
- 1 lb.



MR136
MANTA RAY

- 12"L x 3"W x 8"H
- 1 lb.



BSTBPAD
PREMIUM
BAR PAD

- 18"L x 4"W x 4"H
- 1 lb.

**RB72****6' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 41"
- Collar Length: 15"
- 72"L, 18 lbs.

**RB84****7' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 51.0"
- Collar Length: 16"
- 84"L, 20 lbs.

**RB47****STANDARD CURL BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 47"L, 11 lbs.

**RB48****STANDARD COMBO BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 48"L, 16 lbs.

**SDA14****STANDARD DUMBBELL HANDLES**

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 4.5"
- Collar Length: 4.5"
- 14"L, 3.5 lbs. (ea.)

**SDA14T****STANDARD THREADED
DUMBBELL HANDLES**

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 5"
- Collar Length: 4"
- 14"L, 5 lbs. (ea.)



RC0616 **STANDARD SPRING COLLARS**

- Sold in pairs
- Classic design for quick-changes

RC03 **STANDARD 1/2 LB COLLARS**

- Sold individually
- 1/2 lb. cast iron

RC02 **STANDARD 1 LB. COLLARS**

- Sold individually
- 1lb. cast iron

BSTLJ1 **1" STANDARD COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish

OAS + OAS14 **8" or 14" OLYMPIC ADAPTER SLEEVES**

- Sold individually
- Converts 1" dia. posts to 2" Olympic posts
- Heavy-Duty nylon
- Lock-down allen hex bolt
- Available in either 8" or 14" length

STORAGE

Body-Solid is an industry leader in equipment storage and organization with modular and customizable storage solutions to help keep facilities clean, organized and safe.



SDKR EXPANDABLE STORAGE SYSTEM

- Modular storage rack for dumbbells, kettlebells and medicine balls
- Mix and match tiers for combination storage
- Your choice of dumbbell, kettlebell or medicine ball storage tiers
- Expandable rack system for any size facility

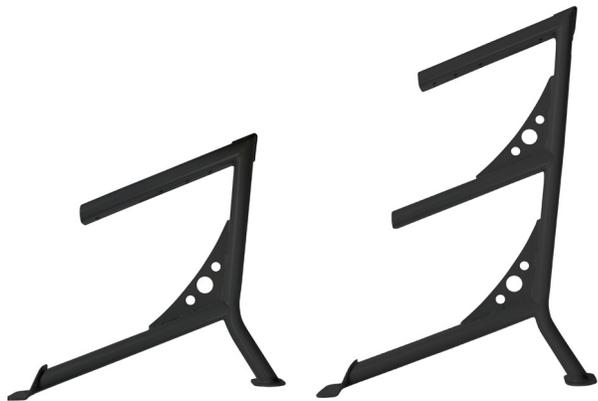


SDKR Uprights are drilled on both sides to allow expansion to right or left

The SDKR1000 storage rack offers unparalleled flexibility for storage of Dumbbells, Kettlebells and Medicine Balls.

2-Tier or 3-Tier uprights available

6 different shelves for customization



SDKRUP2B
2-TIER UPRIGHT

SDKRUPB
3-TIER UPRIGHT



SDKRKBB
KETTLEBELL SHELF



SDKRMBB
MEDICINE BALL SHELF



SDKRDBSB
SMALL DUMBBELL SHELF



SDKRSD6B
6 SADDLE DUMBBELL SHELF



SDKRDBLB
LARGE DUMBBELL SHELF



SDKRSD8B
8 SADDLE DUMBBELL SHELF



SDKRDB DUMBBELL RACK

SDKR500DB	32" L x 70" W x 28" H	Two tier rack
SDKR1000DB	32" L x 70" W x 43" H	Three tier rack



SDKRSD SADDLE DUMBBELL RACK

SDKR500SD	32" L x 70" W x 28" H	Two tier rack
SDKR1000SD	32" L x 70" W x 43" H	Three tier rack



SDKRMB MEDICINE BALL RACK

SDKR500MB	32" L x 70" W x 28" H	Two tier rack
SDKR1000MB	32" L x 70" W x 43" H	Three tier rack



SDKRKB KETTLEBELL RACK

SDKR500KB	32" L x 70" W x 28" H	Two tier rack
SDKR1000KB	32" L x 70" W x 43" H	Three tier rack



GDR60B DUMBBELL RACK & STORAGE SYSTEM

- Designed to hold one (1) pair each of 5-50 lb. hex dumbbells
- Features optional third-tier design so you can add another dumbbell, kettlebell, or medicine ball shelf
- Expand and chain together with optional GDR60UPB Upright
- Offset tiers for easy access
- 23"L x 63"W x 32"H, 79 lbs.



Customize the GDR60B for a perfect fit



GMRT6B OPTIONAL MEDICINE BALL SHELF

- 56"L x 9"W

GKRT6B OPTIONAL KETTLEBELL SHELF

- 56"L x 12"W

GDRT6B OPTIONAL DUMBBELL SHELF

- 56"L x 12"W

GDR60UPB SINGLE UPRIGHT

- Expand and chain together multiple racks
- Mix-n-match dumbbell, kettlebell, and medicine ball shelves
- Customized storage solutions
- 22"L x 2"W x 34"H



**GDR363B****40" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5lb-50lb hex dumbbells
- 20"L x 40"W x 30"H, 44 lbs.

**GDR48B****48" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5-55 lb. hex dumbbells
- Offset tiers for easy access
- 23" L x 48" W x 30" H, 62 lbs.

**GDR34B****34" 3-TIER DUMBBELL RACK**

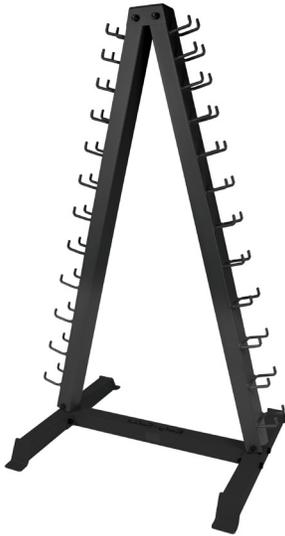
- Storage for 12 pairs of vinyl or neoprene dumbbells (1-15 lbs.)
- Solid steel construction
- 14"L x 34"W x 24"H, 51 lbs.



GDKR100B

45" KETTLEBELL / DUMBBELL RACK

- Reversible tiers for kettlebells or dumbbells
- 23"L x 45"W x 33"H, 79 lbs.



GDR24B

DUMBBELL RACK

- Designed to hold 12 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 31"L x 25"W x 52"H, 34 lbs.



GDR44B

VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-30 lb. hex dumbbells
- 23"L x 25"W x 45"H, 44 lbs.



GDR500 **DUMBBELL RACK**

- Designed to hold vinyl or neoprene dumbbells, 1lbs to 15lbs
- Features locking caster wheels
- 27"L x 44"W x 46"H, 85 lbs.



GDR10B **DUMBBELL RACK**

- Designed to hold 3 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 15"L x 9"W x 18"H, 5 lbs.



GDKR50B **KETTLEBELL RACK**

- Designed to hold 6 kettlebells
- 19"L x 16"W x 21"H, 19 lbs.



OWT24
OLYMPIC WEIGHT TREE

- 27"L x 16"W x 24"H, 24 lbs.



WT46
OLYMPIC PLATE TREE & BAR HOLDER

- Two Olympic bar holders included
- Chrome weight posts
- 22"L x 20"W x 40"H, 34 lbs.



GWT56
OLYMPIC WEIGHT TREE

- Six 9" weight posts, perfect for bumper plates
- Two Olympic bar holders
- 30"L x 30"W x 53"H, 51 lbs.



GWT66 **OLYMPIC WEIGHT TREE**

- Eight 9" weight posts, perfect for bumper plates
- 26"L x 43"W x 33"H, 59 lbs.



- *Customize with 8 or 10 posts*



GWT76 **HIGH CAPACITY OLYMPIC BUMPER PLATE RACK**

- Customize with either 8 or 10 weight horn pattern
- Each weight horn features 8-¼" capacity
- 41"L x 36"W x 66"H, 108 lbs.



GWT86 **VERTICAL OLYMPIC WEIGHT TREE**

- Keep workout spaces clean & organized
- Designed for use with Olympic bumper plates
- Four castor wheels for easy movement
- 24"L x 24"W x 45"H, 17 lbs.

* Accessories not included



GBPR10 **BUMPER PLATE RACK**

- 4" gaps in each of the 8 plate slots
- 43"L x 13"W x 9"H, 22 lbs.



SWT14 **STANDARD WEIGHT TREE**

- 27"L x 16"W x 24"H, 17 lbs.



GSWT **STANDARD PLATE TREE & BAR HOLDER**

- Two standard bar holders included
- 20"L x 23"W x 40"H, 24 lbs.



GYR500

FOAM ROLLER & YOGA MAT RACK

- Holds 12 Foam Rollers or Yoga Mats
- Features locking caster wheels
- 32"L x 21"W x 37"H, 38 lbs.



SBS100

HORIZONTAL BAR RACK

- Convenient and portable barbell storage
- Holds 10 barbells
- 24"L x 45"W x 72"H, 85 lbs.



SBBR100

FIXED WEIGHT BARBELL RACK

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



GOBH5 **OLYMPIC BAR HOLDER**

- Holds 5 Olympic bars
- 12"L x 12"W x 9"H, 22 lbs.



VDRA30 **ACCESSORY STAND**

- For use with accessory bars, ropes, straps, dumbbells and more
- 14"L x 14"W x 36"H, 70 lbs.



GDR80 **VERTICAL DUMBBELL RACK**

- Designed to hold one pair of 5-50 lb. hex dumbbells
- Top tray can be used for medicine ball storage
- 24"L x 22"W x 41"H, 58 lbs.



GMR20 **MEDICINE BALL, WALL BALL RACK**

- Holds up to ten medicine, or wall balls
- 26"L x 26"W x 56"H, 46 lbs.



GMR10B **MEDICINE BALL RACK**

- Holds up to six medicine balls
- 20"L x 21"W x 63"H, 29 lbs.



GMR5B **MEDICINE BALL RACK**

- Holds up to four medicine balls
- 22"L x 22"W x 33"H, 14 lbs.



GSR10B **STABILITY BALL RACK**

- Easy access storage for stability balls
- 36"L x 36"W x 73"H, 31 lbs.



SSBR100 & SSBR200 **PVC STABILITY BALL RACKS**

- Storage of eight or 12, 45cm to 75cm stability balls
 - SSBR100: 17"L x 55"W x 89"H, 34 lbs.
 - SSBR200: 17"L x 108"W x 89"H, 63 lbs.
- * Accessories not included*



GAR50 **COMPACT ACCESSORY RACK**

- Built for storage of balls, bands, tubes & accessories
 - All-welded foot caps
 - 25" L x 24" W x 60" H, 41 lbs.
- * Accessories not included*



GAR75 **CORNER ACCESSORY RACK**

- Quality steel that can handle 200 lbs. of weight per shelf, with four sturdy side hooks
- Unique corner design saves space and keeps gym floors open.
- 21"L x 21"W x 42"H, 65 lbs.

* Accessories not included



GAR100 **ACCESSORY RACK**

- Storage for medicine balls, stability balls, workout mats and more
- Transport wheels for convenient mobility
- 32"L x 36"W x 74"H, 71 lbs.

* Accessories not included



GAR250 **ACCESSORY TOWER**

- Multi-use storage tower for dumbbells, kettlebells, medicine balls, stability balls and mats
- Transport wheels for convenient mobility
- 32"L x 79"W x 87"H, 156 lbs.

* Accessories not included

ENDURANCE CARDIO

Designed with small clubs, rehab facilities, hospitality and police/fire departments in-mind, Endurance by Body-Solid treadmills, bikes, ellipticals and rowers perform to the highest standards.



CL300 CLIMBER

- Low-impact, heart-racing cardio & total body workouts
- Adjustable touchscreen display
- Padded side handrails
- Fully-adjustable resistance
- 46"L x 44"W x 88"H, 151 lbs.



R300 ROWER

- User-controlled air resistance
- Self-generating machine eliminates power requirements
- Nickel plated chain
- Display features Track Time, Stroke, Heart Rate (with wireless Heart Rate Strap), Calories, Paddle Width, Stroke Rate, Distance, Cycle & Watts.
- 95"L x 24"W x 40"H, 82 lbs.



FB300B FAN BIKE

- 27" largest in class steel-resistance fan
- Best in class sealed bearings
- Seat post adjusts horizontally and vertically for ideal seat positioning
- LCD display features quick program buttons, heart rate, speed, RPM, time, watts and calories
- 49"L x 24"W x 50"H, 97 lbs.



T50 **REHAB WALKING TREADMILL**

- Designed for rehabilitation and therapy
- Full length thick handrails
- Drive Motor: High torque 1.5 HP motor
- Belt Size: 53"L x 18.9"W walking belt
- Speed Range: 0.1-5 mph
- Oversized easy-to-read display
- 77"L x 30"W x 54"H, 162 lbs.



T150 **COMMERCIAL TREADMILL**

- Power Source: 110v Dedicated Commercial NEMA 5-20P
- Drive Motor: 4 HP
- Incline Motor: 115 V | 0.8 A | 1/6 HP
- Belt Size: 60"L x 22"W
- Speed Range: 0.5-12.5 mph
- Incline Range: 0% to 15%
- 82"L x 35"W x 59"H, 285 lbs.



E5000 **ELLIPTICAL**

- Natural 21" stride
- Self generated machine eliminates power requirements
- Wireless HRC with chest strap
- 68"L x 31"W x 69"H, 249 lbs.



B4RB **RECUMBENT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Walk through design
- Transport wheels for easy mobility
- 120v Plug-in Model
- 64"L x 26"W x 49"H, 119 lbs.



B4UB **UPRIGHT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Transport wheels for easy mobility
- 120v Plug-in Model
- 47"L x 22"W x 55"H, 96 lbs.



ESB250 **INDOOR EXERCISE BIKE**

- 44-pound flywheel
- Dual sided pedals feature toe-clips and pro-style clip-less mounts
- Seat and handlebars adjust both vertically and horizontally
- Transport wheels provide easy mobility
- Quiet belt drive
- 47"L x 20"W x 46"H, 139 lbs.

AAB2	GUT BUSTER AB SLINGS	73	BSTSMB	SOFT MEDICINE BALLS	62
ACH18	AB CRUNCH HARNESS	72	BSTSPBOX	SOFT PLYO BOX	65
B4RB	RECUMBENT BIKE	106	BSTSR1	CABLE SPEED ROPE	73
B4UB	UPRIGHT BIKE	106	BSTSR10	PREMIUM SPEED ROPE	73
BB23	BICEPS BOMBER	73	BSTTT	TIRE TREAD SLAM BALLS	62
BSTAB1	AB WHEEL	73	BSTVD	VINYL DUMBBELLS	77
BSTART	ANKLE RESISTANCE TUBES	64	BSTWPBOX	WOODEN PLYO BOX	65
BSTAW	ANKLE WEIGHTS	66	BSTWVP	WEIGHTED VESTS	66
BSTB	LIFTING BANDS	64	BSTYB	YOGA BLOCK	67
BSTBM	MINI RESISTANCE BANDS	64	BSTYM10	GREEN YOGA MAT	67
BSTBPAD	PREMIUM BAR PAD	87	BSTYM3	BLUE YOGA MAT	67
BSTBR	TRAINING ROPES	74	BSTYM5	RED YOGA MAT	67
BSTCB	CANNONBALL GRIPS	73	CL300	CLIMBER	104
BSTCH44	LIFTING CHAINS	87	DGYM	BASE STATION	13
BSTDB	DOG BONE GRIP	73	DABB-S	AB & BACK	13
BSTDMB	DUAL GRIP MEDICINE BALLS	63	DABB-SF	AB & BACK	10
BSTDYN	DYNAMAX MEDICINE BALLS	63	DBTC-S	BICEPS & TRICEPS	13
BSTFB	FITNESS BARS	69	DBTC-SF	BICEPS & TRICEPS	10
BSTFM10	EXERCISE MAT	68	DCLP-S	LEG & CALF PRESS	13
BSTFM20	HANGING EXERCISE MAT	68	DCLP-SF	LEG & CALF PRESS	10
BSTFMH	FOAM MAT HANGER	68	DIOT-S	INNER & OUTER THIGH	13
BSTFR36F	FULL FOAM ROLLER	67	DIOT-SF	INNER & OUTER THIGH	11
BSTFR36H	HALF FOAM ROLLER	67	DLAT-S	LAT PULLDOWN & LOW ROW	13
BSTFRP18	SHORT PREMIUM FOAM ROLLER	67	DLAT-SF	LAT PULLDOWN & MID ROW	11
BSTFRP36F	FULL PREMIUM FOAM ROLLER	67	DLEC-S	LEG EXTENSION & LEG CURL	13
BSTFWH	FARMERS WALK BAR	84	DLEC-SF	LEG EXTENSION & LEG CURL	11
BSTGT	GRIP TRAINER	73	DPCC-S	CABLE COLUMN	13
BSTHB	SLAM BALLS	62	DPCC-SF	CABLE COLUMN	11
BSTHRB	HARD RUBBER BALLS	63	DPEC-S	PEC & REAR DELT	13
BSTJR1	JUMP ROPE	73	DPEC-SF	PEC & REAR DELT	12
BSTLJ1	LOCK JAW 1" STANDARD COLLARS	89	DPLS-S	VERTICAL PRESS & LAT	13
BSTMB	PREMIUM MEDICINE BALLS	63	DPLS-SF	VERTICAL PRESS & LAT	12
BSTND	NEOPRENE DUMBBELLS	77	DPRS-S	MULTI-PRESS	13
BSTNG	NUN-CHUCK GRIPS	73	DPRS-SF	MULTI-PRESS	12
BSTOBJ	OLYMPIC BAR JACK	87	DR378	DIP STATION	31
BSTOBS	OLYMPIC BAR STANDS	87	E5000	ELLIPTICAL	105
BSTOLP	PLATE LOAD PIN	87	ESB250	INDOOR EXERCISE BIKE	106
BSTOPW	PLATE WEDGE	87	EXM3000LPS	TWO STACK GYM	60
BSTPB	STACKABLE PLYO BOXES	65	EXM4000	THREE STACK GYM	50
BSTRINGS	RINGS	73	F500	FUSION 500 SINGLE STACK GYM	59
BSTRT	RESISTANCE TUBES	64	F600	FUSION 600 SINGLE STACK GYM	59
BSTRTDA	RESISTANCE TUBES DOOR ATTACHMENT	64	FB300B	FAN BIKE	104
BSTSB	STABILITY BALLS	62	FCD	WEIGHT ASSISTED CHIN/DIP	48
BSTSH	SLED HARNESS	66	FCD-STK	VERTICAL KNEE RAISE & DIP & CHIN-UP	34

FCDWA	WEIGHT ASSISTED CHIN/DIP	61	GDRT6B	OPTIONAL DUMBBELL SHELF	92
FID46	FLAT/INCLINE/DECLINE BENCH	43,53	GFB350	FLAT BENCH	42
FLP	LEG PRESS	61	GFI21	FLAT/INCLINE BENCH	33
FMH	MULTI-HIP STATION	61	GFID100	FLAT/INCLINE/DECLINE BENCH	42,53
G10B	BI-ANGULAR TWO STACK GYM	57	GFID225	FOLDING MULTI-BENCH	43
G5S	SINGLE STACK GYM	58	GFID31	FLAT/INCLINE/DECLINE BENCH	43
G6BR	BI-ANGULAR SINGLE STACK GYM	58	GFID71	FLAT/INCLINE/DECLINE BENCH	41,44
G9S	TWO STACK GYM	57	GFR500	FITNESS BAR RACK	69
GAB100	HORIZONTAL AB CRUNCH MACHINE	45	GFT100	FUNCTIONAL TRAINER	54
GAB300B	SEMI-RECUMBENT AB BENCH	46	GHYP345	45° BACK HYPEREXTENSION	45
GAB60	PRO-STYLE AB BOARD	46	GIB2R	INVERSION BOOTS	73
GAP	ALUMINUM PULLEY	61	GINV50	INVERSION TABLE	52
GAR100	ACCESSORY RACK	103	GIOT	INNER & OUTER THIGH	61
GAR250	ACCESSORY TOWER	103	GIOT-STK	INNER & OUTER THIGH	34
GBPR10	BUMPER PLATE RACK	98	GKR	VERTICAL KNEE RAISE	48
GBR10	BALL REBOUNDER	41	GKRT6B	OPTIONAL KETTLEBELL SHELF	92
GCAB-STK	AB & BACK	33	GLA348Q	LAT ATTACHMENT FOR THE GS348QB	32
GCAB360	CAM SERIES AB & BACK	46	GLA400	LAT ATTACHMENT FOR THE GPR400	37,40
GCBT-STK	BICEPS & TRICEPS	33	GLCE365	LEG EXTENSION & LEG CURL	50
GCBT380	CAM SERIES BICEPS & TRICEPS	49	GLDA1	LEG DEVELOPER ATTACHMENT	43
GCEC-STK	LEG EXTENSION & LEG CURL	33	GLGS100	CORNER LEVERAGE GYM	53
GCEC340	CAM SERIES LEG EXTENSION & LEG CURL	50	GLGS100P4	CORNER LEVERAGE PACKAGE	53
GCLP100	COMPACT LEG PRESS	49	GLM85B	LAT MACHINE	52
GCRPACK	CARDIO BAR PACK	69	GLP	LEG & CALF PRESS	61
GDCC200	FUNCTIONAL TRAINER	55	GLP-STK	LEG & CALF PRESS	34
GDCC210	FUNCTIONAL TRAINER	55	GLPH1100	LEG PRESS & HACK SQUAT	50
GDCC250	DELUXE CABLE CROSSOVER	55	GMFP-STK	MULTI-PRESS	34
GDCCBAR	DUAL PRESS BAR	55	GMR10B	MEDICINE BALL RACK	101
GDCCCRACK	GDCC ACCESSORY RACK	55	GMR5B	MEDICINE BALL RACK	101
GDIB46L	POWERCENTER COMBO BENCH	44	GMRT6B	OPTIONAL MEDICINE BALL SHELF	92
GDIP59	DIP STATION	47	GOBH5	OLYMPIC BAR HOLDER	100
GDKR100B	45" KETTLEBELL / DUMBBELL RACK	94	GPA3	PEC ATTACHMENT FOR GS348QB	41
GDKR50B	KETTLEBELL RACK	95	GPCA1	PREACHER CURL ATTACHMENT	41-44
GDR10B	DUMBBELL RACK	95	GPCB329	PREACHER CURL BENCH	49
GDR24B	DUMBBELL RACK	94	GPM65	PEC DECK	48
GDR34B	34" DUMBBELL RACK	93	GPR370	MULTI-PRESS RACK	40
GDR363B	40" 3-TIER DUMBBELL RACK	93	GPR400	PRO POWER RACK	35-39
GDR44B	VERTICAL DUMBBELL RACK	94	GPRFT	FT ATTACHMENT FOR GPR400	35,37,39
GDR48B	48" 3-TIER DUMBBELL RACK	93	GPRFTS	FT ATTACHMENT FOR GPR400	35,37,39
GDR500	DUMBBELL RACK	95	GPRDH	DIP HANDLES	23,28,35
GDR60B	DUMBBELL RACK & STORAGE SYSTEM	92	GPRSF	PREMIUM SAFETIES	37
GDR60UPB	SINGLE UPRIGHT	92	GPRTBR	T-BAR ROW	23,28,35,37
GDR80	VERTICAL DUMBBELL RACK	100	GPRUL	U-LINK	35

GPRWH	WEIGHT HORN	37	MB022RG	PRO-GRIP REVOLVING STRAIGHT BAR	70
GPU348	PULL-UP BAR	41	MB100A	ALUMINUM DUAL-END REVOLVING BAR	55,70
GRCH322	ROMAN CHAIR	45	MB148	LAT BAR	71
GS348QB	SERIES 7 SMITH MACHINE	41	MB148A	ALUMINUM LAT BAR	70
GSCL360	LEVERAGE SQUAT & CALF	51	MB148RG	PRO-GRIP ALUMINUM LAT BAR	71
GSCR349	SEATED CALF RAISE	51	MB229A	ALUMINUM REVOLVING CURL BAR	70
GSR10B	STABILITY BALL RACK	102	MB229RG	PRO-GRIP REVOLVING CURL BAR	70
GSRM40	SEATED ROW MACHINE	48	MB438RG	PRO-GRIP MULTI-GRIP BAR	71
GSS50	SISSY SQUAT	51	MB501	STIRRUP HANDLE	71
GST20	UTILITY BENCH	44	MB501RG	PRO-GRIP STIRRUP HANDLE	71
GSWT	STANDARD PLATE TREE & BAR HOLDER	98	MB502	SEATED ROW/CHIN BAR	71
GVKR60B	VERTICAL KNEE RAISE & DIP	47	MB502RG	PRO-GRIP SEATED ROW/CHIN BAR	71
GVKR82	VERT KNEE RAISE, DIP, PUSH-UP, CHIN-UP	47	MB503RG	PRO-GRIP MULTI BAR	71
GWS100	WEIGHT SLED	52	MB504	TRICEPS PRESS-DOWN BAR	71
GWT56	OLYMPIC WEIGHT TREE	96	MB504RG	PRO-GRIP TRICEPS PRESS-DOWN BAR	71
GWT66	OLYMPIC WEIGHT TREE	97	MB507RG	PRO-GRIP V-BAR	71
GWT76	HIGH CAPACITY OLY BUMPER PLATE RACK	97	MR136	MANTA RAY	87
GWT86	VERTICAL OLYMPIC WEIGHT TREE	97	NAS3	NYLON ANKLE STRAP	72
GYR500	FOAM ROLLER & YOGA MAT RACK	99	NB51	NYLON WRIST STRAP	72
HP200	200LB RED PREMIUM WEIGHT STACK	13	NB52	LIFTING STRAPS	72
HP10	PREMIUM WEIGHT PLATES	12,15,61	NB55	NYLON DIPPING STRAP	72
KBC	PREMIUM KETTLEBELLS	79	NB56	NYLON DIPPING BELT	72
KBR	CAST IRON KETTLEBELLS	79	NB59	ADJUSTABLE NYLON HANDLE	72
KBV	VINYL DIPPED KETTLEBELLS	79	NB59A	ALUMINUM NYLON HANDLE	72
KBX	EXTREME KETTLEBELLS	79	NTS10	TRICEP STRAP	72
LBB28	LAT BLASTER BAR	86	OA8	8" OLYMPIC ADAPTER	89
LMCG	LANDMINE CLUB GRIP	86	OAS14	14" OLYMPIC ADAPTER	89
LMMG	LANDMINE MULTI-GRIP	86	OB20	OLYMPIC DUMBBELL HANDLES	82
LMPP	LANDMINE PLATE PIVOT	86	OB34C	OLYMPIC TRICEPS BAR	82
LMSE	LANDMINE SINGLE EYELET	86	OB47B	OLYMPIC CURL BAR (BLACK)	82
LP40S	LEG & CALF PRESS	50	OB47C	OLYMPIC CURL BAR (CHROME)	82
LSA50	LEVERAGE SQUAT ATTACHMENT	53	OB48	OLYMPIC COMBO BAR (CHROME)	82
LVBP	LEVERAGE BENCH PRESS	17	OB48F	OLYMPIC FAT CURL BAR (BLACK)	83
LVIP	LEVERAGE INCLINE PRESS	18	OB60B	5' OLYMPIC BAR (BLACK)	80
LVLA	LEVERAGE LAT PULLDOWN	16	OB72A15	6' OLYMPIC BAR (ALUMINUM)	80
LVLC	LEVERAGE LEG CURL	16	OB72B	6' OLYMPIC BAR (BLACK)	80
LVLE	LEVERAGE LEG EXTENSION	16	OB79EXT	EXTREME WOMEN'S OLYMPIC BAR	80
LVSP	LEVERAGE SHOULDER PRESS	17	OB86	7' OLYMPIC BAR (CHROME)	81
LVSR	LEVERAGE SEATED ROW	17	OB86B	7' OLYMPIC BAR (BLACK)	81
MA105	BAR PAD	87	OB86EXT	EXTREME MEN'S OLYMPIC BAR	81
MA307N	NYLON HEAD HARNESS	72	OB86LPB	7' OLYMPIC POWER BAR (ZINC)	81
MB022	REVOLVING STRAIGHT BAR	70	OB86P1000	7' OLYMPIC POWER BAR (CHROME)	81
MB022A	ALUMINUM STRAIGHT BAR	70	OBPH	PREMIUM BUMPER PLATES	76

OBPX	CHICAGO EXTREME BUMPER PLATES	76	S2LAT	LAT PULLDOWN & SEATED ROW	5
OBPXC	CHICAGO EXTREME COLOR BUMPER PLATES	76	S2LEC	LEG EXTENSION & LEG CURL	6
OBSS50B	SAFETY SQUAT BAR	84	S2LEX	LEG EXTENSION	6
OMG47	OLYMPIC MUTLI-GRIP CURL BAR (BLK)	83	S2LPC	LEG & CALF PRESS	7
OMG86	OLYMPIC MUTLI-GRIP BAR (BLK)	83	S2MP	MULTI-PRESS	8
OPB	CAST IRON OLYMPIC PLATES	75	S2PEC	PEC FLY & REAR DELT	9
OPT	CAST IRON GRIP OLYMPIC PLATES	75	S2SLC	SEATED LEG CURL	6
ORC	COLOR RUBBER GRIP OLYMPIC PLATES	76	S2SP	SHOULDER PRESS	8
ORT	RUBBER GRIP OLYMPIC PLATES	75	SAB500B	AB BENCH	32
OTB50	OLYMPIC TRAP BAR	68	SBB	FIXED WEIGHT BARBELLS	78
OBT50RH	OLYMPIC TRAP BAR RAISED HANDLE	68	SBBR100	FIXED WEIGHT BARBELL RACK	78,99
OTB100	OLYMPIC OPEN TRAP BAR	68	SBL460	LEVERAGE GYM	53
OWT24	OLYMPIC WEIGHT TREE	96	SBL460P4	LEVERAGE GYM PACKAGE	53
PG2	PRO POWER GRIPS	73	SBS100	HORIZONTAL BAR RACK	99
PUB2	PUSH-UP BARS	56	SBZ	FIXED WEIGHT BARBELLS	78
PUB30	PULL-UP/PUSH-UP BAR	68	SCB1000B	COUNTER BALANCED SMITH MACHINE	19
PUB34	CHIN-UP BAR	68	SCB26	CALF BLOCK	28,31,32
PUB5	PUSH-UP BARS	56	SCC1200G	CABLE CROSSOVER	14
R300	ROWER	104	SDA14	STANDARD DUMBBELL HANDLES	88
RB47	STANDARD CURL BAR (CHROME)	88	SDA14T	STANDARD THREADED DUMBBELL HANDLES	88
RB48	STANDARD COMBO BAR (CHROME)	88	SDC2000G	DUAL CABLE COLUMN	14
RB72	6' STANDARD BAR (CHROME)	88	SDIB370	BENCH-RACK COMBO	19
RB84	7' STANDARD BAR (CHROME)	88	SDKR	EXPANDABLE STORAGE SYSTEM	90
RC02	STANDARD 1 LB COLLARS	89	SDKR1000DB	THREE TIER DUMBBELL RACK	91
RC03	STANDARD 44928 LB COLLARS	89	SDKR1000KB	THREE TIER KETTLEBELL RACK	91
RC0616	STANDARD SPRING COLLARS	89	SDKR1000MB	THREE TIER MEDICINE BALL RACK	91
RF34B	CARDIO MAT	74	SDKR1000SD	THREE TIER SADDLE DUMBBELL RACK	91
RF36T	CARDIO MAT	74	SDKR500DB	TWO TIER DUMBBELL RACK	91
RF38R	CARDIO MAT	74	SDKR500KB	TWO TIER KETTLEBELL RACK	91
RF546	RUBBER FLOORING	74	SDKR500MB	TWO TIER MEDICINE BALL RACK	91
RFBST4PB	INTERLOCKING RUBBER FLOORING	74	SDKR500SD	TWO TIER SADDLE DUMBBELL RACK	91
RFBST4PS	INTERLOCKING RUBBER FLOORING	74	SDKRDBLB	LARGE DUMBBELL SHELF	90
RPB	CAST IRON STANDARD PLATES	76	SDKRDBSB	DUMBBELL SHELF	90
S1000	PRO CLUBLINE FOUR-STACK GYM	56	SDKRKBB	KETTLEBELLS SHELF	90,91
S2ABB	AB & BACK	9	SDKRMBB	MEDICINE BALL SHELF	90,91
S2AC	ARM CURL	9	SDKRSD6B	6 SADDLE DUMBBELL SHELF	90
S2ACD	ASSISTED CHIN & DIP	7	SDKRSD8B	REAR EXTENSION	90
S2BTP	BICEPS & TRICEPS	5	SDKRUPB	3-TIER UPRIGHT	90
S2CC	CABLE COLUMN	4	SDKRUP2B	2-TIER UPRIGHT	90
S2CCO	CABLE CROSSOVER	5	SDP	PREMIUM ROUND RUBBER DUMBBELLS	77
S2CP	CHEST PRESS	8	SDR	RUBBER HEX DUMBBELLS	77
S2FT	FUNCTIONAL TRAINER	4	SDX	CAST IRON HEX DUMBBELLS	77
S2IOT	INNER & OUTER THIGH	7	SFB125	FLAT BENCH	31

SFID325	ADJUSTABLE BENCH	31	SPRLFT	MONO LIFT	24,29,35,38
SFID325B	ADJUSTABLE BENCH	31	SPRMB	MONKEY BARS	24
SFID425	FLAT/INCLINE/DECLINE BENCH	31	SPRMGC	MULTI-GRIP PULL UP	24
SGH500B	GLUTE & HAM MACHINE	32	SPRPS	PIN & PINE SAFETIES	30
SLC400G	LEG CURL	15	SPRSA	SPOTTER ARMS	24,29
SLEC200G	LAT MID ROW	15	SPRSF	PREMIUM SAFETIES	25
SLM300G	LEG EXTENSION	14	SPRSP	SPOTTER STAND	25,29,35,38
SLP500G	LEG PRESS	15	SPRSS	STRAP SAFETIES	25
SLS500	LEVERAGE SQUAT	18	SPRST	STORAGE TRAY	25,29
SODB250	DECLINE OLYMPIC BENCH	20	SPRSTEP	PLYO STEP	25,29
SOFB250	FLAT OLYMPIC BENCH	20	SPRTB	DUAL T-BAR ROW	25,30,35,38
SOIB250	INCLINE OLYMPIC BENCH	20	SPRUL	U-LINK	25,30,37
SOSB250	OLYMPIC SHOULDER PRESS BENCH	20	SPRWPH	WEIGHT PLATE HORNS	25,30
SP150	150LB. WEIGHT STACK	40	SSBR100	PVC STABILITY BALL RACK	102
SP200	200LB. WEIGHT STACK	29	SSBR200	PVC STABILITY BALL RACK	102
SP300	300LB. WEIGHT STACK	13	STBR500	T-BAR ROW MACHINE	32
SP50	50LB. STACK UPGRADE	55,61	STT45	WEIGHT PLATE CLOCK	73
SPR1000	POWER RACK	21-25	SVKR1000B	VERTICAL KNEE RAISE & DIP	32
SPR1000BACK	EXTENDED POWER RACK	21	SWT14	STANDARD WEIGHT TREE	98
SPR1000DBBACK	DOUBLE EXTENDED POWER RACK	21	T150	COMMERCIAL TREADMILL	105
SPR250	SQUAT STAND	26	T50	REHAB WALKING TREADMILL	105
SPR500	HALF RACK	26-29	TBR10	T-BAR ROW PLATFORM	86
SPR500BACK	EXTENDED HALF RACK	26,30	TBR20	DUAL PIVOT T-BAR ROW PLATFORM	86
SPR500DBL	DOUBLE HALF RACK	26	TBR50	HOME PLATE LANDMINE	86
SPRACB	CONNECTING BAR	23,28	TR20	TRICEP ROPE	72
SPRBACK	REAR EXTENSION	24	VDRA30	ACCESSORY STAND	100
SPRBCB	BENCH CLEARANCE BAR	28	VKR30	KNEE RAISE/DIP STATION	60
SPRBHV	BAR HOLDER	23,28	WSA	WEIGHT STACK ADAPTERS	61
SPRBP	BAND PEGS	23,28,35,37	WSP200	200LB PREMIUM BLACK WEIGHT STACK	13
SPRBSA	BELT SQUAT	23,28	WT46	OLYMPIC PLATE TREE & BAR HOLDER	96
SPRBT	BALL TARGET	23,28			
SPRCB	FAT CHIN-UP BAR	23,28			
SPRCUA	MULTI-GRIP CHIN BAR	23,30,35,37			
SPRDCB	DUAL CHIN BAR	23,29			
SPRDH	DIP HANDLES	21,23			
SPRDIP	DIP STATION	24,29			
SPRHALFBACK	REAR EXTENSION	29			
SPRHBH	HEAVY BAG HOLDER	24,30			
SPRHLA	LAT ATTACHMENT	29			
SPRHT	HIP THRUSTER ATTACHMENT	24,29,35,38			
SPRJAM	JAMMER ARMS	24			
SPRJC	J-CUPS	24,29,35,38			

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Body-Solid products feature the strongest warranties in the industry, guaranteed. All Body-Solid commercial equipment is covered by our industry-leading lifetime commercial warranty. No other company protects its customers or products like we do.

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Body-Solid Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).



Body-Solid Full Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).

ENDURANCE
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ENDURANCE by Body-Solid Commercial:

15 Years: Frame. 3 Years: Parts. 2 Years: Electronics (Excludes Batteries). 6 Months: Wear Items. 1 Year : Labor.

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